

The City of San Gabriel

City Council

- Mayor Juli Costanzo
- Vice Mayor Albert Y.M. Huang
- Councilmember David R. Gutierrez
- Councilmember Kevin B. Sawkins
- Councilmember Mario De La Torre



City Officials

- Interim City Manager Steven A. Preston, FAICP
- City Attorney Robert Kress
- City Clerk Eleanor K. Andrews
- City Treasurer John Janosik, CCMT/CMFA
- Police Chief David Lawton
- Fire Chief Joseph B. Nestor
- Director of Finance Thomas Marston
- Dir. of Parks and Rec. Rebecca Perez
- Mission Playhouse Manager Anna Cross



City Hall

425 South Mission Drive
San Gabriel, California 91776

On the Cover:



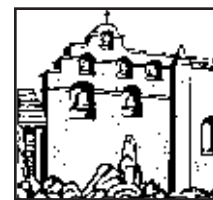
Local Artist Fealing Lin's Watercolor *Saturday with Dad.*

Join us for the 19th Annual Lunar New Year Festival, February 6, 2010

如欲索取中文的休閒活動資訊，請按社名、地址、郵政編碼寄往：
Chinese Information,
250 South Mission Drive
San Gabriel, California 91776
或打電話：(626) 308-2875

Para recibir información en Español del Programa de Recreación – por favor mande su nombre, domicilio y zona a: Spanish Information, 250 S. Mission Drive, San Gabriel, Calif. 91776, o llame: (626) 308-2875 para ponerse en lista de clientes.

Message from the City of San Gabriel



Dear Friends,

Warm up the holiday season by sharing cherished traditions and make new memories to commemorate the holiday season and greet a grand New Year ahead!

Santa's getting ready to return to San Gabriel on Tuesday, December 1st, for the Tree Lighting in Plaza Park, and for his annual ride through San Gabriel streets on the Fire Department's 1957 antique Fire Engine, to the delight of kids of all ages! At the Tree Lighting festivities, Jefferson Middle School Orchestra and Chorus will entertain you while you sip cocoa, greet new friends and renew acquaintances, and admire children's hand-made decorations to be hung on the tree.

San Gabriel's Mission Playhouse lights up with spectacular holiday performances including the annual December "Nutcracker Ballet" and other offerings that celebrate the diversity of performing arts like "Olympia Youth Orchestra", "Wurlitzer Weekend" and the "LA Opera Benefit" in January.

Cultural festivities continue with the popular Chinese New Year celebration on Saturday, February 6, 2010, when San Gabriel hosts the largest and most diverse celebration in the San Gabriel Valley. Join us on Valley Boulevard and be sure to stop by the San Gabriel City booth to say "Gung Hay Fat Choy," meet City employees and learn more about City services and programs.

We look forward to seeing you at these events and many other New Year activities celebrating life, family, friends – and what it means to be part of our great San Gabriel community.

On behalf of the dedicated employees of the City of San Gabriel who serve you throughout the year, best wishes for a joyous holiday season and a prosperous New Year!

WINTER 2010

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San Gabriel Fire Department *Holiday Safety Tips*

Fire never takes a holiday! Learning basic fire prevention facts and taking simple precautions can make all of your holiday celebrations safe and memorable. This is also a perfect time to find that portable fire extinguisher and check to see if all smoke detectors are working properly.

- ❖ Start cooking with a clean stove and oven.
- ❖ Keep kitchen clutter and loose clothing away from the stove's heat.
- ❖ Turn pot handles in, away from a child's reach.
- ❖ Use potholders to prevent burns.
- ❖ Never throw water on a grease fire. Instead cover the burning pan with a lid.
- ❖ Make sure your Christmas tree is fresh. Shedding needles is a sign of a dry tree.
- ❖ Keep your tree fresh by placing it in a stand that holds water.
- ❖ Make sure artificial trees are flame-retardant.
- ❖ Never smoke around the tree or flammable decorations.
- ❖ Place trees away from direct sources of heat.
- ❖ Never place a tree so that it blocks an exit.
- ❖ Only buy electric lights that are approved by a national testing lab.
- ❖ Never decorate metal trees with electric lights.
- ❖ Always unplug lights before going to bed.
- ❖ Never run electrical cords through doorways and under rugs.

- ❖ Keep candles in sturdy holders and never place them near combustibles, sunshine or curtains.
- ❖ Avoid hanging stocking near an open flame.
- ❖ Never burn paper in a fireplace. This is a major cause of chimney and roof fires.

The San Gabriel Fire Department wishes you and your family a safe holiday season. If you have any questions about the holiday tips please call the Prevention Bureau at (626) 308-2883.

Other Fire Safety Tips:

- ❖ Keep combustibles off of the electric heater and away from the heat source. Use UL listed power strips or surge protectors with circuit breakers when using electric heaters.

Finally...

- ❖ Be sure rain gutters and scupper are cleaned to prevent flooding.
- ❖ Stay away from flood control channels.

Free Bulky Item Pick-Ups *Moving Toward a Cleaner, Greener Community*

Whether we relocate, bid farewell to long time neighbors, welcome new ones, or simply modernize the items in our homes, there will likely be one or more bulky items that require disposal along the way. Bulky items include appliances, furniture, mattresses, and any other items that cannot fit into the regular curbside trash barrel.

As a reminder, Athens Services provides bulky item pick-ups for all San Gabriel homes. This service is available year round, at no cost. Bulky items are picked up on your regular trash collection day. Be sure to contact Athens at least 24 hours prior, in order to request a pick up. Athens Services may be reached at (888) 336-6100. Their friendly staff will be able to assist you in a variety of languages. You may also visit www.AthensServices.com and complete the online Bulky Item Order Form. Bulky items must be set out at curbside by 6:00 a.m. on trash collection day.

In some parts of our City, abandoned bulky items are often found in parkways and alleys, which spoils the beauty of our neighborhoods. Be part of the solution...don't delay another day...get rid of unwanted bulky items the proper way, for free. All it takes is one phone call. For information on hazardous waste disposal call (1-800) Clean LA or visit www.CleanLA.com.

Multi-family/apartment complex residents that do not subscribe to a curbside refuse collection service should contact Athens Services at (888) 336-6100 to make special arrangements for bulky item pick ups. You may also call the City's Public Works Maintenance Division for additional help at (626) 308-2825.

Items accepted include – appliances, water heaters, mattresses, box springs, couches, tables, chairs, carpets (rolled and tied), desks, and tree trimmings (bundled, maximum of 4 feet in length).

Items not accepted include – construction debris, hazardous materials, business waste, tires, and electronics.

For information on hazardous waste disposal, call (1-800) Clean LA or visit www.CleanLA.com.

Athens Services: (888) 336-6100 • San Gabriel Public Works: (626) 308-2825

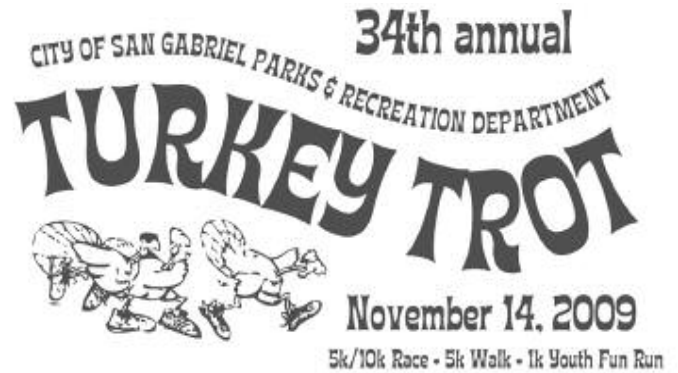
Congratulations 34th annual Turkey Trot Runners!

Please support our sponsors

Top Runners:10K RUN - Jorge Marquez 37:19; Jose Ramirez 40:09; Vince Angel 40:28; Kyle Devriendt 42:41; Abel Contreras 43:00; David Vasquez 43:36; Ming Quon 43:41; James Shanks 43:41; Brian Ritchel 44:10; Steve Diaz 45:16; Fee Chang 45:28; Richard Willson 45:30; Sharon Pevsner 46:07; Clayton McCarter 46:31; David Overstreet 46:38; Robert Democh 49:00; Eric Mertz 51:03; Danny Blustein 51:12; Jesse Torres 52:52; Byron Melendy 53:34; Albert Kwan 54:29; Daniel Hsien 54:55; Joe Murillo 55:40; Brenden Harper 56:01; Michael Nese 56:07; Francis Choi 57:25; Tineke Scholten-Clayton 57:43; Julie Miller 58:13; Hannelore Nese 58:59; Susan Reedy 59:11; Leslie Hallimore 59:23; Tammy Raphael 59:27; Norma Cantu 59:48; Karen Johnson 1:00:12; Rebecca Dieschbourg 1:00:44; Stephanie Bucey 1:00:51; Muilien Xin 1:01:14; Shirlene Lam 1:01:23; Jan Iocco 1:04:28; Lupe Buenrostro 1:04:51; Joe Hurser 1:07:09; Lois Franke 1:07:26; Linda Cun 1:07:54; Leticia Moya 1:08:38; Elaine Lopez-Ramirez 1:08:51; Charles Sayles 1:09:07; Susan Ngo 1:09:54; Jennifer Morley 1:13:43; Linda Lam 1:13:44; Thomas Chen 1:18:23; Sherny Magana 1:28:57

5K RUN - Frank Garcia 16:01; Nikki Rollins 16:31; Margarito Martinez 18:04; Daniel Reedy 19:19; Michael Soto 19:30; David Rosales 19:36; Dave McKissick 19:50; Enrique Sandoval 20:31; Emilio Steimer-Barraga 20:45; Stephen Hake 20:50; Anthony Aparicio 21:02; Jessica Martinez 21:04; Nicholas Cereledes 21:30; Allene Garcia 21:35; Constantine Yap (10) 21:58; Stuart Hemphill 22:11; Jauson Sanohu 22:17; Fernando Contreras 22:25; Patsy Hurley 22:25; Danae Delfin 22:41; Alexander Steimer-Barraga 23:03; Aak Tea 23:04; Victoria Yap 23:15; Greg Gussman 23:19; Alexis Guardado (12) 24:13; Gilda Ochoa 24:13; Duane Morrison 24:40; Samantha King 24:42; Craig Perer 24:54; Kenneth Jones 25:00; Bruce Cristobal 25:24; Rosemarie Jeanpierre 26:33; Jerry Gutierrez 26:37; Chad Nash 26:42; Mark Baum 26:44; Jon Imanura 27:21; Ronald Hardgrove 27:24; Michelle Johnston 27:47; Dan Higgins 27:56; Donna Marovich 28:20; Kristin Soiseth 28:56; Kristin Hayashi 28:57; Stefany Murillo 28:59; Mario De La Torre 29:54; Patricia Kawasaki 30:19; Covis Monteserrat 30:26; Jacqueline Conway 30:51; Michael Vines 30:55; Sunisa Watanasirisuk 31:39; Marilyn De La Torre 32:05; Albert Huang 32:18; Steve Sawkins 32:58; Jennifer Dennis 33:55; Elaine Chalfin 34:10; Pauline Wong 34:24; Thang Ngo 34:39; Robert Lopez 37:08; Debra Knight 37:21; Sunisa Watanasirisuk 38:16; Pearl Asakura 39:31; Lorena Cardenas 42:01; Joan Harper 44:09;

1 K FUN RUN - Constantine Yap 3:41; Kurt Hake 4:19; Courtney Thong 4:20; Reece Miller 4:26; Ryan Thong 4:26; Jazmine Anzaldo 4:27; Kyle Ngo 4:28; Edwin Rojas 4:36; Rachel Reedy 4:44; Lauren Gil De Montes; 4:55; Molly Hake 4:59; DJ Reedy 5:02; Marissa Heldt 5:02; Peter Newport 5:53; Kathleen Lok 5:57; Ethan Rios 7:47; Michaela Magana 7:57



Community organizations

SOMETHING OF INTEREST FOR EVERYONE

■ **Asian Youth Center** - 100 West Clary Avenue, 309-0622. A non-profit, community-based organization offering programs to address needs of youth and families of all ethnicities, with an emphasis on Asian immigrants. Programs include: Basketball Teams/Tournament, Open Recreation (pool table, ping pong, air hockey), Homework Assistance/Tutoring, Computer use, Day Care (grades 1-8), Community Service Opportunities, and Kung-Fu. All services provided free of charge (except Day Care and Kung-Fu).

■ **Chamber of Commerce** - 620 West Santa Anita, 576-2525. Lou Costanzo, President. We provide services to our membership and community that enhance a favorable business environment. Networking Mixers are held the third Wednesday of each month.

■ **Women's Division, Chamber of Commerce** - Cookie Cici, President. Meets the third Thursday of each month in the Padillo Room of the Adult Recreation Center at 11:30 a.m. for business luncheon meeting and program. We enhance and promote the City of San Gabriel through civic improvement projects. All women welcome. For further information, please call the Chamber Office 576-2525.

■ **Coordinating Council** - Pam Petievich, President. Meets the first Friday of each month, September thru June, at San Gabriel Public Library Community Room, 550 S. Del Mar at 11:45 a.m. For additional information contact Diane Acosta at dacosta@sgucandcs.org. For additional information, call the Chamber Office 576-2525.

■ **Family Counseling Services** - A Division of Santa Anita Family Service - 121 S. Santa Anita. Services include therapy/counseling for children, individuals, families and Asian Helpline. All services are provided in English, Spanish, Mandarin and Cantonese. Therapy is on a sliding fee scale. For further information, call 308-1414.

■ **Family Resource Center** - 102 East Broadway, 292-2431. Promoting the healthy development of youth and their families through community partnerships that support full academic, social, personal and emotional growth. Services include immunizations, health clinic, emergency food assistance, emergency transportation assistance, counseling, legal assistance referrals, and tutoring, mentoring, and housing referrals.

■ **Fine Arts Gallery** - 425 West Las Tunas Drive. Gallery Hours: Tuesday - Saturday, Noon to 4:00 p.m. 282-1448.

■ **Hazardous Waste Disposal** - Household Hazardous Waste Roundups are sponsored by Los Angeles County for the disposal of paint, used motor oil and other auto fluids, household cleaners, obsolete electronics, etc. For dates, times, and locations. See page 4 or call (888) CLEAN-LA or visit www.888.CleanLA.com.

■ **211 of LA County (Formerly Info Line)** - Dial 211 for information about community organizations throughout L.A. County.

■ **La Casa Community Center** - 203 E. Mission Road. Assisting low-income families since 1946. Bilingual/multicultural preschool, English Second Language classes morning and afternoons. Assistance with citizenship, parenting, leadership training, social service information & more. All services are free except preschool, which has a fee based on a sliding scale. For further information, please call 286-2144. Cheryl Prentice, Executive Director.

■ **Library** - 500 S. Del Mar Ave. Hours: Monday-Wednesday 10 a.m. to 8 p.m.; Thursday 12 Noon to 6 p.m.; Friday Noon-5 p.m.; Saturday 10 a.m. to 5 p.m.; Closed Sunday. The Library has a Storytime Tuesday 6:30 and Family Storytime Saturday at 2:00. Homework help available daily at the Homework Center. Call the Library for more information and services for older children and adults, 287-0761.

■ **Friends of the San Gabriel Library** - A non-profit organization that supports the work of the Library and helps bring it to the attention of the community so that its many services may continue. Meetings are held at 2:30 p.m. the fourth Tuesday of every month (except December) in the Library Community Room. Regular membership fees are \$20.00 a year. For additional information, please call the Library at 287-0761.

■ **Native Sons of the Golden West** - Meets the second Thursday of the month at the Adult Recreation Center.

■ **Ramona Museum**, 339 South Mission Drive, open Saturdays 1:00 - 4:00 p.m. 289-0034.

■ **Rotary Club of San Gabriel** - President, Albert D'Antonio. P.O. Box 253, San Gabriel, CA 91778. 674-4494.

■ **San Gabriel Historical Association Museum** - 546 West Broadway. Museum and adjacent 1887 Hayes House are open to the public on the first Saturday of each month (except August) 11:00 -4:00 p.m. FREE. General membership meetings are held yearly, and guests and new members are welcome. Call the museum for dates and times of meetings. Bill Willams, 282-0749.

■ **San Gabriel Humane Society** - 851 East Grand Avenue. Hours of operation: 8:00 a.m. - 5:00 p.m., 7 days a week. Kennel hours are: 10:00 a.m. - 4:30 p.m. Services provided: vaccinations, purchase of pets, animal rescue, low cost spaying and neutering, licensing, animal control and volunteer opportunities. 286-1159.

■ **San Gabriel Kiwanis** - President, Bob Bodkin. P.O. Box 352, San Gabriel, CA 91778. 285-9991.

■ **San Gabriel Toastmasters** - Colonial Kitchen, 1110 Huntington Drive, San Marino. First and third Wednesday at 7:00 p.m. Ben, 354-6205.

■ **San Gabriel Unified School District** - 408 Junipero Serra. Dr. Susan C. Parks, Ed. D., Superintendent. School Board Meetings are held on the second and fourth Tuesday of the month, 7:00 p.m., at the District Office. 451-5400.

■ **Senior Citizens M.T.A. Reduced Bus Fares** - Please call the Recreation Department, 308-2875.

■ **Adult Tennis Club** - President, Philip Yang. For more information, call Anna Gee, 576-8522.

City Services

• **CITY HALL:** 308-2800

• **Mission Playhouse:**
308-2865 – Anna Cross, Manager

• **FIRE DEPARTMENT: Emergency 911**
Business: 308-2880 – Joseph B. Nestor, Fire Chief

• **PARKS AND RECREATION:**
308-2875 – Rebecca Perez, Director

• **PARKWAYS, TREES, STREETS, AND SIDEWALKS:**
Public Works Division: 308-2808. After 5:00 call
308-2825 – Bob Bustos, Interim Public Works Director

• **POLICE DEPARTMENT: Emergency 911**
Business: 308-2828 – David Lawton, Police Chief



2010

Welcoming the Year of the Tiger



19th Annual Alhambra/ San Gabriel Lunar New Year Celebration

January 6 - 29

ART EXHIBIT

Alhambra City Hall
Weekdays
Business Hours



Saturday, February 6

On Valley Blvd - Garfield to Almansor

FESTIVAL 10:00 a.m.- 5:30 p.m.



Floral Exhibit with Live Music
Free Health Screenings
New Year Calligraphy Greetings
Children Cake Making Workshop
Photo taken in Asian Attire
Entertainment on two stages
Variety of Asian Food
Carnival, Rides & Games



Free Admission & Street Parking

Brought to you by:



Hosted by the Cities of:



Alhambra



San Gabriel



Event Management: K & K COMMUNICATIONS

www.lunarnewyearparade.com
For info: 626.395.9995

Sea Gulls Swim Team

FOR THE CHILD WHO HAS LEARNED TO SWIM AND WANTS TO TAKE THE NEXT STEP ...

Why is swimming such a great sport?

Only a few of the best swimmers will become Olympians, but kids of all ages remember three things about their swimming experience: fun, friends, and excellence. Swimmers and their parents can participate together as a family. Every swimmer contributes to the success of the team and enjoys the fun of the team experience with friends. With that fun comes the self-discipline that every child needs to achieve excellence. This excellence is achieved in more places than just athletic competition—it shows up as personal achievement in the classroom, self-confidence in every situation, and as personal pride. Swimming is a healthy, non-contact sport that develops stamina, endurance, and overall physical fitness.

Why is the San Gabriel Sea Gulls (SGSG) the right place for your young swimmer?

◆ Excellent Coaching

- The SGSG Staff has over 72 years of coaching experience in the sport of swimming and over 41 years of competitive experience in the sport of swimming.
- All staff members hold current American Red Cross and USA Swimming certification for coaching.
- All training sessions are carefully designed to promote fast swimming using the latest techniques provided by USA Swimming.
- Head Coach, George Young was voted Age Group Coach of the Year for 1994, 1995, 2003 and 2007 by his fellow coaches and he has received three Service Awards from the Southern California Municipal Athletic Federation in 1996, 1999, 2000 and 2003. Coach Young was also honored with United States Swimming's Safety Award for promoting water safety awareness throughout the San Gabriel Valley.
- The Coaching Staff has developed several Nationally Ranked Swimmers and several Junior National Qualifiers over the last thirteen years.

◆ Retention is the Key to Successful Swimming

The Sea Gulls celebrate a great retention rate. Actually, we have one of the best rates in Southern California. The Coaching Staff believes the reason for this is that the Sea Gulls offer something for all swimmers. Ranging from spe-



cial 'BC' novice level meets to Team Championship Meets, Junior Olympics and Senior level meets. The Sea Gulls Swim Team has also developed into a feeder program for local high schools, producing more than 83 CIF Qualifiers. The Sea Gulls have promoted a Water Safety Awareness Program through many activities, including lifeguard and swim instructor training. Many Sea Gull members have then gone on to be hired as lifeguard and / or swim instructors at several local pools. Head Coach, George Young has received the 2001 USA Swimming Safety Award for his efforts in promoting water safety awareness

◆ Progressive Training Levels

Every swim team will have a range of swimmers with different ages and different levels of swimming experience. Sea Gull swimmers are organized into progressive training groups—from Junior Bronze (8 years old & younger Beginning Swimmers), to Bronze (Beginners), to Silver (Intermediate), to Gold (Advanced), to Platinum (Regionally-ranked Swimmers)—so that each swimmer gets to train with others at a similar level of skill. The Junior Bronze swimmers work out roughly 3-4 hours a week while the more advanced Platinum swimmers work out roughly 12-15 hours a week.

*For information, call George Young,
Director of Competition at (626) 291-2901*

www.sgsg.org



After School *recreation*



JOIN THE FUN!

Elementary Program

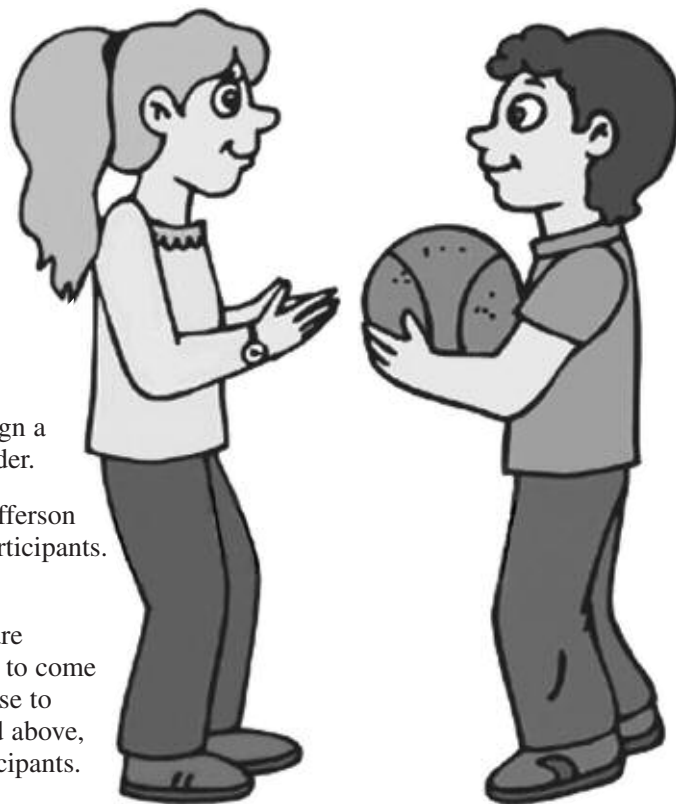
January 5 – March 19

Your child will learn the fundamentals of sports and gain a sense of pride and sportsmanship. Public school youth in the 4th and 5th grades play on teams representing their school. This quarter boys and girls play basketball. The after-school recreation and sports program will be held at the following locations: Coolidge, Washington, Wilson, Roosevelt, McKinley, Marshall and Dewey. The program will be run at from 3:00 p.m. to 5:00 p.m., or until dark, Tuesday thru Friday. Each playground will have a male and female leader to provide a traditional sports program. Please stop by and meet the Recreation Leaders.

All participants must have a parent or guardian complete and sign a Participant Information Form and return it to their Recreation Leader.

Games are scheduled for Saturdays and will be played at the Jefferson Middle School Gym. Game schedules will be distributed to the participants. Parents are encouraged to attend the Saturday morning games.

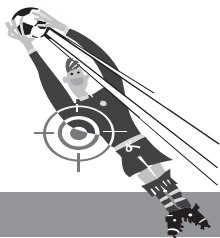
The after school recreation program is not day care. Children are encouraged by staff to remain on the playground, but they are free to come and go at any time. Staff is not responsible for children who choose to leave the playground. Recreation programs close at the time listed above, which concludes the Recreation Department's supervision of participants. Recreation Leaders are instructed to leave the facility at that time.



Jefferson Middle School Program

6th, 7th And 8th Grade Program:

The Jefferson sports program is a high school preparatory program. This quarter boys and girls will play basketball. The program operates Monday thru Friday, after school from 3:00 to 5:00 p.m., or until dark. Participants try out for the combined sixth/seventh and eighth grade teams, and the selected team members will represent Jefferson Middle School in the 210 Sports League. Each team will have its own schedule for games. Games are played weekday afternoons and schedules will be distributed to the participants prior to the start of the season. All Jefferson students are encouraged to visit the Recreation Leaders after school to get information regarding sports leagues and to participate in this exciting program.



Youth activities



SPORTS, ORGANIZATIONS, FUN

Ballet-Folklorico

Learn the Folk Dances of Mexico. This workshop is for youth of all ages and meets each Friday at 6:00 p.m. at the Recreation Center. For additional information or to register, call Ruth Colon, (323) 254-6859.

Please Support These Community Youth Programs

► **American Youth Soccer Organization**

For league information, please call Hugo Correa, 298-8070

► **San Gabriel Valley Pony Baseball**

For league information, please call Mike Proctor, 281-2202 or www.eteamz.com/sgvpony



► **San Gabriel Valley Fastpitch ASA Softball**

For league information, please call Rowena Barcelona, 622-4237 or sgvgirlsfastpitch.clubspaces.com



Scouting

► **Girl Scouts** — Girl Scouts provides activities and programs for girls ages 5 thru 18 (kindergarten thru high school senior). Girl Scouting builds character and self-esteem and establishes moral and civic responsibility in young girls by providing training, camping experiences, and completion of badge program activities. For information, please call 445-7771.

► **Boy Scouts** — Boy Scouts is a program for boys and young men that teaches duty to God, country, others, and self. Ages 7-9 Tigers; Ages 8-10, Cub Scouts; Ages 11-13, Boy Scouts; Ages 14-15, Varsity Scouts; Ages 14-21, Explorers. For information, please call 351-8815.

► **International Order of Rainbow** — A program for girls between the ages of 11 and 20, also Rainbow Pledge for girls between the ages of 8 and 11. For additional information, please call Mrs. B. (818) 512-9184.

EMPLOYMENT OPPORTUNITY

Interested in Becoming a Recreation Leader?

Organize and supervise team sports and activities, teach fundamentals of play and sportsmanship in recreational activities.

Register Online...

It's fast and easy,

Tell a friend!



The new Winter 2010 session of classes, sports and recreational activities are about to begin.

Don't miss out!

The City of San Gabriel has something for everyone!

www.sangabrielcity.com

Share-A-Dream Sponsorship Program

Our dream is to give all youth the opportunity to participate in City of San Gabriel recreation programs. The Share-A-Dream Sponsorship Program will help make that dream a reality. Youth from low and moderate-income families who are eligible for the Share-A-Dream Program will be able to enroll in recreation classes for reduced fees. Recreation program participants, community members and local businesses who are interested in sharing our dream can help by contributing to this worthwhile program. Included in this Newsletter and Recreation Guide is an opportunity to participate in this program by donating \$1 or more, see page 30. All funds raised will go directly toward the sponsorship program. For more information or to donate to the Share-A-Dream program, please contact the Parks and Recreation Department, 250 South Mission Drive, San Gabriel, CA 91776, (626) 308-2875. The San Gabriel Parks and Recreation Department appreciates your support in providing this opportunity for youth!





Adult activities



ORGANIZATIONS, VOLUNTEERING

American Red Cross

The San Gabriel Valley Chapter, located at 430 Madeline Drive, Pasadena, offers a variety of courses such as CPR and First Aid. To register for these classes, call the Red Cross at 799-0841 ext. 410.



San Gabriel Educational Foundation (SEF)

The San Gabriel Educational Foundation, which was established in 1986, raises funds for San Gabriel Unified School District classroom teacher grants. The grants are awarded to District teachers at the Foundation's Annual May Benefit. SEF also now supplements the award-winning SGUSD Performing Arts Program. The Foundation is comprised of 28 elected board members, which includes two teachers, one parent representing each District school, and at least five community representatives. Volunteers are encouraged to participate to enhance the educational experience of students enrolled in the San Gabriel Unified School District. For additional information, please call Pat Freeman at 287-6730.

Volunteer Opportunities

City of San Gabriel

Volunteer opportunities with the City of San Gabriel exist in nearly every area of City operations including serving on City Commissions, non-sworn assignments in the Police and Fire Departments, opportunities with Parks and Recreation, the San Gabriel Mission Playhouse and at City Hall.



Volunteers are needed for a variety of assignments and special programs from clerical and marketing, to programs like the Police Department's *Neighborhood Watch*, *Business Alert Network (B.A.N.)* or *Volunteer Seniors on Patrol (VSP)* or with the Fire Department's (*Citizen Emergency Response Team, C.E.R.T.*) program.

All other inquiries about the City's Volunteer Program or volunteer opportunities with the City can be obtained by contacting the City's Personnel Office at 308-2803.

Your interest in serving and participating in City volunteer activities is appreciated. Through our collective efforts, we work together to deliver the best and most cost-efficient municipal services to the citizens of San Gabriel, and create a community that future generations will be proud of and enjoy.

Mission District Museums

The historic San Gabriel Mission District boasts three (3) diverse museums offering more than 300 years of pre-California and California history. Mission San Gabriel Arcángel, the Ramona Museum of California History and the San Gabriel Historical Association Museum/Hayes House, provide diverse historic, ethnic and cultural insights into the unique story that is San Gabriel. The San Gabriel Historical Association and the Ramona Museum of California History are especially interested in welcoming new members/volunteers.

San Gabriel Historical Association Museum/Hayes House – 546 W. Broadway. Open the first Saturday of each month from 1:00 p.m. to 4:00 p.m. (Free.) Contact: Bill Williams, 282-0749.

Ramona Museum of California History – 339 South Mission Drive. Open Saturday, 1:00 p.m. to 4:00 p.m. (Free.) Contact: Fran Hubert, 332-1203 or 289-0034.

San Gabriel Mission Museum and Gift Shop – 427 S. Junipero Serra Dr. (at Mission Rd.) Open daily except holidays, 9:00 a.m.-4:30 p.m. 457-3048. www.sangabrielmission.net

San Gabriel Valley Medical Center

Your help is needed! If you are over 18 years of age, working part time, going to college, your children have left the nest, have 3 to 4 hours to spare per week, enjoy helping the public, have skills you want to brush up on, want to learn something new and, most importantly, enjoy helping others, please call the San Gabriel Valley Medical Center Director of Volunteers at 570-6533 to get additional information.

SGV Humane Society Volunteers

All animal lovers 18 years of age and older are welcome to assist in helping an animal find a good home. Many positions are available, just contact the Volunteer Coordinator 286-1159.

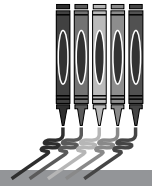
Can You Teach An Activity or Craft?

If you have experience teaching fun and interesting subjects to children, youth, adults and seniors, and would enjoy working in a leisure setting at a Parks & Recreation facility, contact our department at (626) 308-2875. We are currently seeking instructors who can effectively share their knowledge in a variety of areas. Instructional experience and bilingual preferred. Credentials in the field of education are not required.





Youth classes



BATON, DANCE, ART... FUN!

Baton

Your child will have a fun and enjoyable experience learning basic twirls, marching techniques, and basic footwork. Your child's coordination, confidence, and talents are sure to grow! New students may enroll in New Beginner classes only! Students returning to the classes after an absence must check with instructor before being placed in a class. Batons are required and may be purchased from the instructor, for \$20, on the first day of class. Batons should be the length of the child's arm. Instructor: Liane Aramaki – Athlete, coach and judge for the U.S. Twirling Association and National Baton Twirling Association has coached state, regional and world champions since 1990. **Now is the time to enroll to participate in our bi-annual Dance & Baton show held at the beautiful San Gabriel Mission Playhouse.**



Eight weeks. Wed.: 1/6-2/24; Thurs.: 1/7-2/25. \$61 residents, \$64 non-residents. Recreation Center.

Day	Class	Time	Age	Class#
Wednesday	Sr. Corps Class	6:30-9:00 p.m.	**	1232.101
	New Beg.	3:45-4:30 p.m.	5-7	1200.102
Thursday	Jr. Corps	4:00-6:00 p.m.	**	1230.103
	Int. / Adv.	6:00-6:45 p.m.	Mixed	1224.105
	Beg. Plus	6:45-7:30 p.m.	8 & Over	1216.103

Beg. Plus and Int. Classes are for students who were enrolled during the fall only. Returning students who have not participated in the last two sessions need to speak to instructor for placement in a class. ** Invitation Only

Dance & Baton Revue 2010

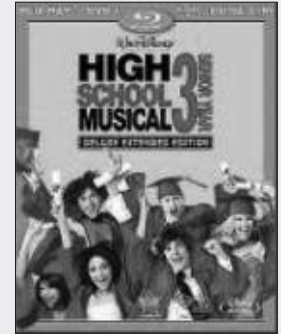
Youth & Adults, must sign up now for our Dance & Baton classes if you want to perform on stage at the San Gabriel Mission Playhouse in June 2010. This wonderful student centered performance is scheduled once every two years and showcases local students who participate in classes offered by the San Gabriel Parks & Recreation Department.

To register for performance classes or any of our other great classes, please just contact the City of San Gabriel Parks & Recreation Department at (626) 308-2875.



Youth Musical Theatre HS Musical 3

If you like to sing, dance and act, then this musical theatre class is for you! You'll learn vocal techniques to build and strengthen your voice and the basics you'll need to jazz up your dance moves for that next audition. Become a star as



you learn musical production numbers from some of Broadway's Tony Award-winning shows! Parents are invited to observe the first class of each session. Joanne Moser – Professional dancer, choreographer & cheerleader, has taught for the Department for over 15 years. **Now is the time to enroll to participate in our bi-annual Dance & Baton show held at the beautiful San Gabriel Mission Playhouse.**

Ten weeks. 1/9-3/13. \$58 residents, \$61 non-residents. Recreation Center.

Day	Saturday
Time	11:45 a.m.-12:30 p.m.
Age	8 - 13
Class #	1020.101

Youth Dance

Tap, Ballet, Tumbling, and Hip Hop

Three dance favorites combined in one class—Tap, Ballet, and Tumbling for the younger student and Tap, Ballet, and Hip Hop for the future star! Young people can creatively express themselves, while building self-esteem and confidence. Parents are invited to observe the first class of each session Joanne Moser - Professional dancer, choreographer & cheerleader, has taught for the Department for over 15 years. **Now is the time to enroll to participate in our bi-annual Dance & Baton show held at the beautiful San Gabriel Mission Playhouse.**

Ten weeks. Tue.: 1/5-3/9; Sat.: 1/9-3/13. 45-minute classes: \$58 residents, \$61 non-residents. 30-minute classes: \$49 residents, \$52 non-residents. Recreation Center.

Day	Class	Level	Time	Age	Class#
Tuesday	Tap, Ballet & Tumbling	Beg./Int.	4:00-4:30 p.m.	3 - 5	1000.102
	Tap, Ballet & Hip Hop	Int.	4:30-5:15 p.m.	5 - 8	1003.101
	MTV & Hip Hop	All	5:15-6:00 p.m.	8 - 12	1005.101
Saturday	Classical Ballet for Tots	Beg.	10:00-10:30 a.m.	3 - 5	1004.101
	Tap, Ballet & Hip Hop	Int.	10:30-11:15 a.m.	5 - 8	1000.104
	Tap, Ballet & Tumb.	Beg./Int.	11:15-11:45 a.m.	3 - 5	1000.103

Musical Fun For Tots

Join us for this special time as you and your little-one share experiences in art, dance, and music. Each week you'll enjoy guiding your child through dance games and creative movement. Children should wear comfortable clothing. One parent is required to stay and join in the fun! Miss Claire - has been creating a special time for parents and their little ones for over 10 years.

Eight weeks. 1/7-2/25. \$76 residents, \$79 non-residents. Recreation Center.

<u>Day</u>	<u>Time</u>	<u>Age</u>	<u>Class#</u>
Thursday	10:00-10:45 a.m.	12 mos. - 2 1/2 yrs.	1104.101

Music Classes

Piano

Learn to play piano and read notes. Create melodies by your own fingers. Don't have a piano - no problem - our studio provides an M-powered digital piano lab for your use.



Ten weeks. 1/9-3/13. \$86 residents, \$89 non residents. \$10 lab fee at first class. Classes are held at Qian Art Studio, 706 West Las Tunas Drive #B, San Gabriel.

<u>Day</u>	<u>Level</u>	<u>Time</u>	<u>Age</u>	<u>Class#</u>
Saturday	Beg.	1:30-2:15 p.m.	6-12	1423.101
Saturday	Beg.	2:15-3:00 p.m.	7-12	1424.101
Saturday	Adv.	3:00-3:45 p.m.	5 & Up	1424.102

Violin

Children & adults can learn to read musical notes, tune violin by sound and fundamental music theory in this beginning class. At the first class, students will be given a list of locations to purchase violins and music books. Vic Che-has taught violin to children since 2000.



Eight weeks. Mon.: 1/4-3/8 (No class 1/18 & 2/15). \$66 residents, \$69 non-residents. Recreation Center.

<u>Day</u>	<u>Time</u>	<u>Age</u>	<u>Class#</u>
Monday	5:10-6:10 p.m.	3-Adult	1420.101

Fitness Classes

Basketball Fundamentals

Your child will learn and improve their fundamental basketball skills, develop self-confidence and have fun! Students will practice and strengthen their skills in dribbling, footwork, ball handling, shooting, defense, rebounding and much more. Sportsmanship modeled and taught to ensure that sports maintain a positive impact on your child. Tom Parada has taught basketball fundamentals since 2000.

Eight weeks. 1/4-3/8 (No class 1/18 & 2/15). \$65 residents, \$68 non-residents. Coolidge Elementary School, Basketball Courts.

<u>Day</u>	<u>Time</u>	<u>Grade</u>	<u>Class#</u>
Monday	4:30 - 5:30 p.m.	K-5	1411.105

Fun Fitness for Youth - Speed Stamina, Confidence, Conditioning

This fun class is designed to improve speed, stamina, hand-eye coordination and confidence. Drills include cone work, workout stations, rope jumping, abdominal work, and mini obstacle courses. Fitness and nutrition information provided. Tom Parada has coached fitness and sports classes since 2000.

Eight weeks: 1/6-2/24. \$65 residents, \$68 non-residents. Coolidge Elementary School Basketball Courts.

<u>Day</u>	<u>Time</u>	<u>Age</u>	<u>Class#</u>
Wednesday	4:15 - 5:00 p.m.	5-12	1436.101



Gymnastics

Children are sure to enjoy learning the basics of gymnastics while gaining flexibility, strengthening muscles, and improving coordination and balance. These classes offered through Payke Gymnastics Academy will help increase your child's discipline, skill, concentration, imagination, and self-confidence. Payke Gymnastics requires an additional waiver to be signed by a parent/legal guardian at the first class. Payke Gymnastics Instructors.

Eight weeks. 1/5-2/23. \$93 residents, \$96 non-residents. Payke Gymnastics Academy, 107 S. Garfield Avenue, Alhambra.

<u>Day</u>	<u>Level</u>	<u>Time</u>	<u>Age</u>	<u>Class#</u>
Tuesday	Beginner	3:15 - 4:00 p.m.	4 - 5	1054.105
Tuesday	Beginner	4:00 - 5:00 p.m.	6 - 8	1054.104

Parent & Me Gymnastics

Enhance your child's development and build a special bond with your little one in this Parent & Me Gymnastics class! Payke Gymnastics Academy will help your child get an early start in fun, fitness, flexibility and coordination in this structured class setting with a safety certified instructor. Payke Gymnastics requires an additional waiver to be signed by a parent/legal guardian at the first class. Payke Gymnastics Instructors.



Eight weeks.: 1/4-2/22. \$93 residents, \$96 non-residents. Payke Gymnastics Academy, 107 S. Garfield Avenue, Alhambra.

<u>Day</u>	<u>Time</u>	<u>Age</u>	<u>Class#</u>
Monday	9:45-10:30 a.m.	2 1/2 - 3 1/2	1048.102

Art Classes

Painting and Drawing for Youth

Learn basic drawing and painting techniques including brush handling, color wheels, value lesson and composition. All levels of art ability are welcome. Local Studio Artist, Qian Yu - has been painting and drawing since 1995. Students must provide own materials after 1st class.



Ten weeks. 1/10-3/14. \$50 resident, \$53 non-resident. Qian Art Studio, 706 West Las Tunas Drive #B2.

<u>Day</u>	<u>Time</u>	<u>Age</u>	<u>Class#</u>
Sunday	1:00-2:00 p.m.	6 & Up	1302.101

Oil Painting

Learn to draw and paint like a master. Have fun with the process of painting. Study from step-by-step demonstrations and one-on-one instructions. Classes are held at Qian Art Studio, 706 West Las Tunas Drive, #B2. Local Studio Artist, Qian Yu - has taught painting and drawing since 1995.

Ten Weeks: 1/10-3/14. Beginning \$181 residents, \$184 non-residents. Students must provide own materials after first class.

<u>Day</u>	<u>Time</u>	<u>Course</u>	<u>Class#</u>
Sunday	11:00 a.m.-12:00 p.m.	All Levels	1307.101

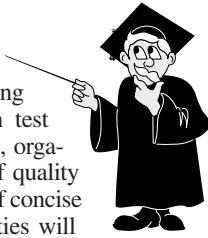


*We create Community through
People, Parks & Programs*

Academic Classes

SAT Writing Prep

This SAT preparation course is ideal for high school students but will accommodate slightly younger students. Class will focus on developing essays. Students will be taught how to approach test prompts, brainstorm ideas, select relevant examples, organize material, summarize and conclude. Samples of quality essays will also be presented to illustrate the nature of concise concrete writing. Both group and individual activities will allow the teacher to assess and direct pupil mastery. Ideal for high school sophomores and juniors and includes one-on-one instruction. Richard Wygand – has taught writing instruction since 2001.



Eight weeks. Thurs.: 1/7-2/25. \$238 resident, \$241 non-residents. Adult Recreation Center.

Day	Time	Ages	Class#
Thursday	3:30 - 5:30 p.m.	13-17	1415.103

Preparing for the Workforce

Learn the basic skills necessary for preparing for your first job interview. You will learn about dress code, communication skills, and appropriate etiquette for the world of work. This seminar will provide information for life-long earnings! Invest in your future. Limit 40 students. Individual classes on Tuesdays.



Sabrina Morales – M.A.Ed, has over 23 years of high school teaching experience. \$70 residents, \$73 non-residents. Adult Recreation Center.

Dates	Time	Class
1/11	5:00-6:30 p.m.	1419.401
2/8	5:00-6:30 p.m.	1419.402
3/8	5:00-6:30 p.m.	1419.403
4/12	5:00-6:30 p.m.	1419.404

Tom Knows Line Dancing!

I've been dancing for & studying technique for over 13 years now & teaching for over 4 years. I love dancing in general & line dancing in particular because of the feeling it gives me. It always makes me happy. Also I enjoy being with people who like to do the same thing I do, move to the beat! I enjoy teaching, especially beginners because it is very gratifying to see the joy on someone's face when they learn to dance. I came to San Gabriel because it's where I live & also I felt that there may be people out there who wanted to dance, but did not have a partner who would be attracted to line dancing. I must have been right because we're now up to 3 classes, where before there were none!



Tom Araujo

Tom Teaches Line Dance at the San Gabriel Parks & Recreation Adult Center. See page 19 for more!



Pancake Breakfast & Egg Hunt

Saturday, April 3rd

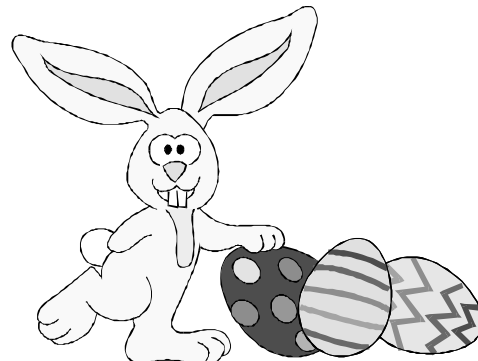
The 66 th Annual Pancake Breakfast and Egg Hunt sponsored by the San Gabriel Kiwanis Club and the City of San Gabriel Parks and Recreation Department, will be held at Smith Park on Saturday, April 3.

Don't miss out on breakfast, prizes, games, music & more. Fun for the whole family!

Pancake Breakfast 7:00 - 11:00 a.m.

Pancake Races 9:00 a.m.

Easter Egg Hunt 10:00 a.m.



San Gabriel
builds
Community
through
People,
Parks
&
Programs

tennis ... adult & youth



Adult Tennis

Students must bring 2 fresh cans of tennis balls to first class. Instructor: Andy Lee USPTA and PTR Certified Professional Instructor, has coached club and varsity tennis for 7 years.

Eight weeks. Mon.: 1/4-2/22; Tues.: 1/5-2/23; Wed.: 1/6-2/24. Beg.-Adv. \$81 residents, \$84 non-residents.

Round Robin: \$66 residents, \$69 non-residents. Classes held at Smith Park.

Day	Time	Level	Class#
Monday	4:00 – 5:00 p.m.	Jr. Beg.	2500.121
Monday	5:00 – 6:00 p.m.	Jr. Int.	2507.121
Monday	6:00 – 7:00 p.m.	Beg. Int.	2507.111
Monday	7:00 – 8:30 p.m.	Round Robin	2585.101
Tuesday	9:00 – 10:00 a.m.	Beg./Int.	2500.102
Tuesday	10:00 – 11:00 a.m.	Int./Adv.	2507.102
Wednesday	4:00 – 5:00 p.m.	Jr. Beg. (16 & up)	2500.123
Wednesday	5:00 – 6:00 p.m.	Jr. Int.	2507.123
Wednesday	6:00 – 7:00 p.m.	Beg. Int.	2507.113
Wednesday	7:00 – 8:30 p.m.	Round Robin	2585.103

Youth Tennis

You will learn basic tennis skills based on your age and experience.

Instructor: Van Vuong – has played tennis for 18 years and teaches students of all ages.

Eight weeks. Tues.: 1/5-2/23; Thurs.: 1/7-2/25. Fri.: 1/8-2/26. \$61 residents, \$64 non-residents. Classes are held at Washington School.

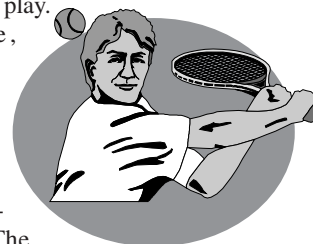
Day	Time	Level	Age	Class#
Tuesday	5:30 - 6:30 p.m.	Youth Peewee I & II	4-7	1501.101
Thursday	5:30 - 6:30 p.m.	Jr. Beg & Beg II	8-11	1505.102
Thursday	6:30 - 7:30 p.m.	Jr. Beg & Beg II	8-11	1505.122
Friday	5:30 - 6:30 p.m.	Teens I & II	12-16	1500.103



SAN GABRIEL TENNIS CLUB

The San Gabriel Tennis Club is actively seeking new members. The club does not offer lessons, however, the city has an excellent instructional program for all levels of play.

Anyone, 18 years of age or over, may become a member. The



dues are currently \$25 a year for an individual or \$35 for a couple. The club meets every Sunday morning from 7:30 a.m. - Noon on the San Gabriel High School Tennis Courts. The club publishes a newsletter of all its activities. Special events and tennis matches, with awards to winners, are planned during the year. For additional information or an application, call Anna Gee, (626) 576-8522.

The following guidelines will help you determine your skill level:

- Beginner** : You are developing your form, but still have grip and preparation problems. You need to build your confidence, develop court coverage, and learn to adjust to various serves. You know how to keep score and you know court procedures.
- Intermediate** : You are fairly consistent with some directional intent. You are frequently prepared on backhand, but not consistent. Your service is developing rhythm, but little power.
- Intermediate II** : You are proficient in all of the above and you can return serve on backhand. You are developing match play sense, beginning to have consistency on power serves, and play more aggressively at the net.
- Intermediate III** : You are proficient in all of the above and you have the ability to direct back hand with consistency, place both first and second serves, and start to use spin. You attack the net and have control of volleys, move up and back well, and have more confidence.
- Advanced** : You are proficient in all of the above, have a very dependable forehand, and can control direction and depth of backhand. You are an aggressive server using power and spin. You can handle a mixed sequence of volleys and have good footwork. You also have developed teamwork in doubles.

Adult classes

DANCE, FITNESS, FUN

Fitness Classes

Ab Attack Core Workout

Look great & feel even better with our new Abdominals workout! Now your workout can be complete with this new class designed specifically to strengthen your abdominals & tighten your overall look. Keep in shape for the spring! Tom Parada – Earned a B.S. in Physical Education and has coached Fitness and Sports classes since 2001.

Eight Weeks. 1/6-2/24. \$63 residents, \$66 non-residents. Recreation Center.

Day	Time	Class#
Wednesday	5:30 - 6:00 p.m.	2118.101

Fast & Fun Fitness Workout

Burn Calories, Lose Inches of Waist, Improve Health, Gain Energy

This quick and intense nonstop fun class designed for anyone 13-adult includes drills, workout stations, mini obstacle course, rope jumping, abdominal work, cardio training and fitness and nutritional information. Tom Parada – Earned a B.S. in Physical Education and has coached Fitness and Sports classes since 2000.



Eight Weeks. 1/6-2/24. \$65 residents, \$68 non-residents. Recreation Center.

Day	Time	Class#
Wednesday	5:00-5:30 p.m.	2111.101

Fitness For Seniors

Come join us for this low-impact fitness class geared toward seniors! You'll gain strength and increase your energy as you participate in this full-body workout with exercises for the upper and lower body and abdominals. Work at your own pace as you get in shape! Please wear comfortable clothes, athletic shoes and bring a mat or towel for floor exercise. Tom Parada – B.S. in Physical Education, Fitness and Sports Instructor since 2001.

Eight weeks. 1/5-2/25. \$51 residents, \$54 non-residents. Adult Recreation Center.

Day	Time	Class#
Tues./Thurs.	10:00 - 10:30 a.m.	2120.101

Pilates

This popular exercise class will tone and strip away excess body mass while focusing on isometric exercises to build, reshape, and revitalize muscle groups. Wear comfortable exercise clothes, and bring a mat or towel. Joanne Moser – professional dancer, choreographer & cheerleader, has taught for the Department since 1992.

Ten weeks. **Tues OR Saturday** classes: Tues.:1/5-3/9; Sat: 1/9-3/13. \$58 residents, \$61 non-residents. **Tues. AND Sat.** \$88 residents, \$91 non-residents. Recreation Center.

Day	Time	Class#
Tuesday Only	6:45 - 7:30 p.m.	2107.100
Saturday Only	9:00 - 9:45 a.m.	2107.101
Tues. AND Sat.	Above	2107.102

NEW!! Zumba Dance Fitness

Ditch the workout & join the party! Zumba is a high-energy workout that combines Latin-based dance moves such as salsa, meringue, hip-hop, belly dancing, cumbia, and reggae! Easy to learn and follow, Zumba will keep you smiling and having fun as you dance your way into a healthier and more fit you! Want to burn some calories and have fun? Then ZUMBA is for you! Sylvia Escobar—has taught fitness since 1991.

Eight weeks. 1/7-2/25. \$71 residents, \$74 non-residents. Recreation Center.

Day	Time	Class#
Thursday	7:00 - 8:00 p.m.	2161.101

Yoga

Experience the healing benefits of Hatha yoga as your body, mind and spirit embark on this wonderful and profound journey. As you learn to use your most powerful tool for health and relaxation-your own body-you will experience stress reduction, increase your flexibility and begin to live a healthier, more balanced life. This class is for all ages and levels. Please wear non restrictive clothing, bring a sticky mat, a large towel and an empty stomach. Instructor – Diane Beglin is certified in Hatha yoga and has taught throughout the Southern California.

Eight weeks. Mon.: 1/4-3/8 (No class 1/18 or 2/15), Wed.: 1/6-2/24. Mon OR Wed.: \$52 residents, \$55 non-residents. Mon. AND Wed.: \$84 residents, \$87 non-residents. Adult Recreation Center.

Day	Time	Class#
Monday	5:30 - 6:30 p.m.	2410.101
Wednesday	5:30 - 6:30 p.m.	2410.102
Monday & Wednesday	5:30 - 6:30 p.m.	2410.103

Gentle Yoga

A gentle introduction to yoga with emphasis on breathing, meditation and relaxation exercises as well as restorative poses and exercises to increase strength and flexibility. Ideal for seniors, persons with physical limitations and students who prefer a slower gentle experience of yoga. Adults only please. Please wear non restrictive clothing, bring a sticky mat, a large towel and an empty stomach. Instructor – Diane Beglin is certified in Hatha yoga and has taught throughout the Southern California.

Eight weeks. Tue.: 1/5-2/23, Wed.: 1/6-2/24. \$52 residents, \$55 non-residents. Adult Recreation Center.

Day	Time	Class#
Tuesday	5:30 - 6:30 p.m.	2411.103
Wednesday	9:00 - 10:00 a.m.	2411.102

Intermediate Yoga

This extended class is for students with a minimum of one year of yoga practice. There will be a deeper exploration of asana, panorama, and meditation. This vigorous workout will help increase strength and balance while aiding in stress reduction. Please wear non restrictive clothing, bring a sticky mat, a large towel and an empty stomach. Instructor – Diane Beglin is certified in Hatha yoga and has taught throughout the Southern California.

Eight weeks. 1/6-2/24. \$52 residents, \$55 non-residents. Adult Recreation Center.

Day	Time	Class#
Wednesday	6:45 - 8:00 p.m.	2412.101

Yoga For All Levels

Discover the benefits of Hatha Yoga! Health, strength, energy, flexibility, mental clarity, concentration, balance, a sense of well-being and much more can be yours. Please bring a yoga mat and an empty stomach. Dora Hasenbein – teaches classical yoga in the Iyengar tradition.

Ten weeks. Fri.: 1/8-3/12; Sat: 1/9-3/13; Sun: 1/10-3/14. \$86 residents, \$89 non-residents. Location: Yoga Darsana is located at 11 North Fourth Street, Alhambra.

Day	Time	Class#
Friday	6:00 - 7:15 p.m.	2417.116
Saturday	10:30 a.m. - Noon	2417.114
Sunday	9:30 - 10:30 a.m.	2417.115
Sunday	10:30 a.m. - Noon	2417.110

Gentle Yoga & Meditation

Gentle yoga and meditation will be explored to enhance relaxation, mental clarity, balance and well-being. This class will be taught at a slower pace – all levels are welcome. Please bring a yoga mat and an empty stomach. Dora Hasenbein - teaches classical yoga in the Iyengar tradition.

Ten weeks. 1/9-3/13. \$86 residents, \$89 non-residents. Location: Yoga Darsana is located at 11 North Fourth Street, Alhambra.

Day	Time	Class#
Saturday	9:00 - 10:15 a.m.	2411.111

YOGA EN ESPAÑOL

Bilingual Class - Descubran los beneficios de Hatha Yoga! Practicando yoga ayudaran a mantener el cuerpo sano, reducir el cansancio, tener energia y vitalidad, claridad y equilibrio mental, calmar los nervios y tranquilizar el sistema nervioso. Por favor traigan un yoga mat y el estomago vacio. Dora Hasenbein – desde Sud América, es una profesora de Iyengar yoga.

Diez semanas. Martes.: 1/5-3/9; Jueves.: 1/7-3/11. \$83 residents, \$86 non-residents. Yoga Studio situado en 11 North Fourth Street, Alhambra.

Day	Time	Class#
Martes	7:15 - 8:15 p.m.	2416.101
Jueves	7:15 - 8:15 p.m.	2416.102

Ballroom Dance Classes

Beginning Ballroom Dance

You will learn basic Fox Trot, Rumba, Waltz, Cha Cha, and Swing. Leading and following will be emphasized as you learn patterns that can be used in a variety of dances and the importance of good posture for balance and control. Don McGuire - has been teaching private and group lessons for over 20 years. Assistant, Daisy Pan.

Ten weeks. 1/4-3/22. (No class 1/18 and 2/15). \$46 residents, \$49 non-residents. Adult Recreation Center.

Day	Time	Class#
Monday	7:00 - 8:00 p.m.	2000.101

East Coast Swing / Hustle

Learn the most popular of all the swing dances, the East Coast Swing, plus a bonus introduction to 70's sensation the Hustle. Most of the patterns you'll learn in East Coast Swing can be converted to the Hustle so you'll learn two dances for the price of one. Don McGuire – has been teaching private and group lessons for over 20 years.

Ten weeks. 1/5-3/9. \$46 residents, \$49 non-residents. Adult Recreation Center.

Day	Time	Class#
Tuesday	7:00 - 8:00 p.m.	2008.101



Intermediate Ballroom

For those who are ready for a little more challenge! You will perfect your Foxtrot and Cha Cha, learn the East Coast Swing and be introduced to the Waltz and Tango. Instructor, Don McGuire – has been teaching private and group lessons for over 20 years.

Ten weeks. 1/5-3/9. \$46 residents, \$49 non-residents. Adult Recreation Center.

Day	Time	Class#
Tuesday	8:00 - 9:00 p.m.	2005.101

Samba / Rumba

Learn two Latin dance favorites in one class! You'll learn the Samba with its lovely, distinctive arm and body styling. The romantic Cuban moves of the Rumba will also be taught featuring footwork and control for slower tempos. Instructor, Don McGuire has been teaching private and group lessons for over 20 years. Assistant, Daisy Pan.

Ten weeks. 1/4-3/22. (No class 1/18 and 2/15). \$46 residents, \$49 non-residents. Adult Recreation Center.

Day	Time	Class#
Monday	8:00 - 9:00 p.m.	2110.101

Dance Classes

Belly Dancing – Beginning

Learn Belly dance in a supportive, noncompetitive environment. Have fun performing this beautiful dance form to authentic Middle Eastern music while learning or perfecting shimmies, undulations, isolations, accents, turns and traveling steps. Belly dance offers a fantastic workout with a unique form of feminine self expression. Haley Nicole Harwood has danced and taught belly dance professionally for over 8 years.

Six weeks. 1/6-2/10. \$76 residents, \$79 non-residents. Recreation Center

Day	Time	Class#
Wednesday	7:00 - 8:00 p.m.	2121.103

Basic Flamenco International

Learn this beautiful and expressive dance! We will cover technique and development of flamenco styles including the usage of fans, castanets, Spanish shawls & hats. Maria Elena Megallon – has performed flamenco professionally on television and throughout southern California. She has taught flamenco since 1997.

Eight weeks. 1/9-2/27. \$57 residents, \$60 non-residents. Recreation Center.

Day	Time	Class#
Saturday	9:00-10:00 a.m.	2035.101



Line Dance for the Beginner

Want to dance but don't have a partner? If so, then line dance classes are for you. Learn the basic steps, get a low impact workout and have fun too! And if that's not enough, line dancing has been proven to increase brain stimulation! So let's get on the dance floor and learn some brand new dances and some classics too. A new dance will be taught each week. Vivian Robles – has taught line dancing since 2001.

Ten weeks. 1/4-3/22. (No class 1/18 & 2/15). \$59 residents, \$62 non-residents per session. Adult Recreation Center Grapevine Room.

Day	Class	Time	Class#
Monday	Beginning	7:00 - 8:30 p.m.	2036.101



Line Dance – High Beginner

This class is for those who are ready to take the next step beyond basic beginner. You'll learn fun and easy dances in a relaxed atmosphere. Instructor Tom Araujo--has been dancing and studying techniques for over 13 years and he has taught for over 4 years.

Three five-week sessions, Wednesdays. \$26 residents, \$29 non-residents per session. Adult Recreation Center.

Day	Dates	Time	Class#
Session I	1/6-2/3	6:00-7:00 p.m.	2037.103
Session II	2/10-3/10	6:00-7:00 p.m.	2037.113
Session III	3/17-4/14	6:00-7:00 p.m.	2037.123

Line Dance Intermediate / Advanced

Come dance with us! No partner required. Take the next step beyond the high beginner dance level. You will learn a wide variety of dances to many different types of music in a fun and relaxed atmosphere. Many different styles of dance and dance steps are incorporated into a line format including cha-cha, salsa, rumba, night club, hip hop, funk, waltz & more. Instructor Tom Araujo--has been dancing and studying techniques for over 13 years and he has taught for over 4 years.

Three five-week sessions, Wednesdays. \$26 residents, \$29 non-residents per session. Adult Recreation Center.

Class	Dates	Time	Class#
Session I	1/6-2/3	7:00-9:30 p.m.	2038.103
Session II	2/10-3/10	7:00-9:30 p.m.	2038.113
Session III	3/17-4/14	7:00-9:30 p.m.	2038.123

Polynesian

Have fun exploring Tahitian, Hula, and Ancient Hawaiian Dance and get a great workout at the same time! You will learn the art of speaking with hands and hips using Ancient Lava Rocks, Feathered Gourds and pu-lli bamboo sticks Joanne Moser – Professional dancer, choreographer & cheerleader, has taught for the Department for over 15 years. *Now is the time to enroll to participate in our bi-annual Dance & Baton show held at the beautiful San Gabriel Mission Playhouse.*

Ten weeks. 1/5-3/9. \$58 residents. \$61 non-residents. Recreation Center.

Day	Level	Time	Class#
Tuesday	Int. / Adv	6:00 - 6:45 p.m.	2020.101

Tap For Adults

Learn to tap with style! Beginning and Intermediate classes will cover basic steps and easy routines. Those who have taken tap before will enjoy the challenge of the advanced class. Joanne Moser—Professional dancer, choreographer & cheerleader, has taught for the Department for over 15 years. *Now is the time to enroll to participate in our bi-annual Dance & Baton show held at the beautiful San Gabriel Mission Playhouse.*

Ten weeks. 1/5-3/9. \$58 residents. \$61 non-residents. Recreation Center.

Day	Level	Time	Class#
Tuesday	Int. / Adv	7:30 - 8:15 p.m.	2034.101

*We Create Community Through
People, Parks & Programs!*

Activity Classes

Beading and Jewelry Making

Ring in a creative new year & make various styles of beaded necklaces, rings or bracelets for yourself or another special person. Instructor can provide materials for sale. Instructor, Shanadai Su--has taught beading and stringing since 1996.

Eight weeks. 1/8-2/26. \$53 residents, \$56 non-residents. Jewelry Findings & Gifts, 9459 Las Tunas, Temple City.

Day	Time	Class#
Friday	7:30 - 9:00 p.m.	2327.101



Chinese Painting

Learn Chinese painting skills such as blending, color mixing, and brush loading. Subjects include traditional Chinese floral and landscape. Classes held at Qian Art Studio, 706 West Las Tunas Drive, #B2. Local Studio Artist, Qian Yu - has taught painting and drawing since 1995.

Ten Weeks: 1/10-3/14. \$121 residents, \$124 non-residents. Students must provide own materials after first class.

Day	Time	Class#
Sunday	11:00 a.m.-12:00 p.m.	2334.101



Intermediate Watercolor

This course, designed for the intermediate and advanced student, will emphasize color theory, value study, design composition, and unique attributes of watercolor painting. Instructor Fealing Lin-is an award-winning painter who has taught watercolor workshops throughout the U.S. Her works have been featured in artist publications including International Artists Magazine, North Light Book and Watercolor Magic.

Eight weeks. 1/7-2/25. \$101 residents, \$104 non-residents. Recreation Center.

Day	Time	Class#
Thursday	1:00-4:00 p.m.	2336.101



Plein Air Painting - NEW!

This course consists of outdoor painting instruction. Students will be taken out to park, historical sites, etc. to paint while they can see and feel the landscape or their subjects under natural light. Students can use their own preferred medium such as oil, acrylic, pastel or watercolor. Subjects to be covered include: sketching from life and composition, landscape and structural perspective, value & color, light and shadow, form of the subject, preliminary review of image and finish artwork, critiques on student artwork and more. After taking this class students will be able to draw and paint on their own. Students must provide materials discussed at first class. Alfred Tse—has taught multi-medium painting for 7 years and is Show Chairman of the San Gabriel Fine Arts Association. First class meets at Recreation Center.

Day	Time	Class#
Monday	9:00 a.m.-12:30 p.m.	2340.101



Senior citizens

CLUBS, TRANSPORTATION, ASSISTANCE, FUN

San Gabriel SENIOR CENTER

324 S. Mission Drive, San Gabriel

Telephone: (626) 308-2822

Marlene Flores, Senior Services Coordinator

Office hours:

Tuesday: 12-5 p.m., Thursday: 8 a.m.-5 p.m.,
Friday 8 a.m.-12 p.m. After Hours (626) 358-1185

The Senior Service Center provides referral information for: Low cost rentals, housing, consumer problems, legal services, meals on wheels, property and federal tax assistance, social security, medi-care, and medi-cal, health counseling, home chores, case management, assistance with forms, and telephone reassurance.

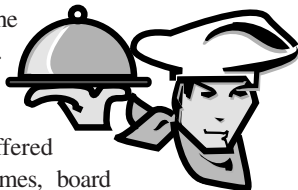
Senior Lunch Program

Intervale Senior Services sponsors a lunch program for persons age 60 and over, or the spouse of someone age 60 and over, at the San Gabriel Adult Recreation Center. Lunches are served Monday thru Friday only, at approximately noon. Various recreation activities are offered before the meals, including card games, board games, special holiday meals, and occasional seminars.

Intervale Senior Services, a Division of the San Gabriel Valley YWCA, provides a variety of services for older persons including: hot nutritious noon meals at seven locations in the San Gabriel Valley, information and referral services, home delivered meals and a broad range of social, recreational, and educational opportunities.

There is no set charge for the lunch program; however, a suggested donation of \$2.00 per meal has been established. The program is funded in part through a grant to Intervale Senior Services/YWCA from the Los Angeles County Area Agency on Aging and the older Americans Act of 1965, as amended.

All persons, 60 and over, are invited to attend. Please call 308-2823, between 10:00 a.m. and noon, Monday thru Friday to make reservations. Reservations must be made one day prior to lunch.



Meals on Wheels is available for residents of the City of San Gabriel. Each meal delivery includes: a hot entrée and a sack lunch. For further information please visit us on the web at www.volunteer-centersgv.org or call (626) 256-8187.

Transportation

SENIOR DIAL-A-RIDE

City of San Gabriel provides reduced fare transportation for city residents, 62 and over, and for disabled persons. Service available 7:00 a.m. to 7:00 p.m. daily. Cost is 50 cents per one-way trip.

To apply for this service, call 308-2875 Monday - Friday.



L.A. County Transportation Info Line (800) 431-7882

For seniors and qualified disabled persons.

Transportation for Disabled

An important transportation program is available to the disabled residents of our community. Access Services is a high quality, curb-to-curb, para-transit (dial-a-ride) program that provides transportation to eligible individuals in the San Gabriel Valley.

The program offers disabled individuals the opportunity to travel beyond their current city boundaries to most locations in the San Gabriel Valley and to downtown Los Angeles. Disabled individuals that cannot use the regular fixed route bus system can use this service for their transportation needs beyond the limits of our dial-a-ride program. Cost for one-way fare is \$1.50.

The program is highly specialized. Individuals must be certified for Access Services. Candidates are those persons with disabilities who cannot board, ride, or exit from any established bus or rail system. For information on the certification process and to arrange trips, call 1-800-827-0829, or for the hearing impaired, 1-800-827-1359.

The Access Services para-transit program is funded and operated by the Los Angeles County Transportation Commission as a requirement of the Americans with Disabilities Act of 1990.

M.T.A. Reduced Fare TAP Cards

The City of San Gabriel is offering reduced fare TAP (Transit Access Pass) Cards to San Gabriel senior citizens (62 years and older) and disabled residents. The regular \$14 monthly reload can be purchased for \$9 at the Parks and Recreation Office, 250 South Mission Drive. Individuals must be residents of the City of San Gabriel. TAP Card reloads will be sold from 8:00 a.m.-4:30 Monday, Wednesday, Thursday and Friday and Tuesdays from 8:00 a.m.-6:00 p.m., from the 25th to the 10th of each month at the Parks and Recreation Office, 250 South Mission Drive, San Gabriel. For additional information, please call the Parks and Recreation Office at 308-2875.



Senior Activities & Clubs

Friday Senior Dance

Come and kick up your heels dancing to live music. The Adult Recreation Center is host to this popular dance. The music will start at 1:00 p.m. and continues until 3:30 p.m. \$4 gets you in the door and covers the refreshments. All seniors are welcome, don't miss out! For more information, call (323) 269-0798 or (626) 449-7837.



Free Ballroom Dance Class!

Have you been aching to perfect your Samba or enhance your Foxtrot? Here's your chance, every Tuesday from 12:00 noon - 4:00 p.m. free instruction is offered at the San Gabriel Adult Center. Many classic ballroom dances will be taught including various waltzes, the polka and even line-dances. Instruction offered in Chinese & English, so put on your dancing shoes and stop by to join the fun and improve your dancing skills.

Special holiday dances will be planned. Everyone welcome!

MedicAlert & Safe Return Membership

In effort to significantly improve the safety of persons with Alzheimer's, the Alzheimer's Association and the MedicAlert Foundation has created an alliance to provide assistance when a person is lost and access to their vital medical information in the time of need. Enrollment package is available by contacting (800) 272-3900 or (323) 938-3379.



Fitness For Seniors

Come join us for this low-impact fitness class geared toward seniors! You'll gain strength and increase your energy as you participate in this full-body workout with exercises for the upper and lower body and abdominals. Work at your own pace as you get in shape! Please wear comfortable clothes athletic shoes and bring a mat or towel for floor exercise. Tom Parada - earned a B.S. in Physical Education and has coached Fitness and Sports classes since 2001.



Eight weeks. 1/5-2/25. \$51 resident, \$54 non-resident.

Day	Time	Class#
Tues. /Thurs.	10:00-10:30 a.m.	2120.101

Belly Dancing - Beginning

Learn belly dance in a supportive, noncompetitive environment. Have fun performing this beautiful dance form to authentic Middle Eastern music while learning or perfecting shimmies, undulations, isolations accents, turns and traveling steps. Belly dance offers a fantastic workout with a unique form of feminine self-expression. Instructor Haley Nicole Harwood - has danced and taught belly dance professionally for over 8 years.

Six weeks. 1/6-2/10. \$76 resident, \$79 non-resident. Recreation Center.

Day	Time	Class#
Wednesday	7:00-8:00 p.m.	2121.10

Line Dance for the Beginner

Want to dance but don't have a partner? If so, then line dance classes are for you. Learn the basic steps, get a low-impact workout and have fun too! And if that's not enough, line dancing has been proven to increase brain stimulation! So let's get on the dance floor and learn some brand new dances and some classics too. A new dance will be taught each week. Vivian Robles - has taught line dancing since 2001.



Ten weeks. 1/4-3/22. (No class 1/18 & 2/15). \$59 residents, \$63 non-residents per session. Adult Recreation Center Grapevine Room.

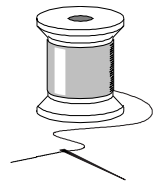
Day	Level	Time	Class
Mondays	Beginner	7:00-8:00 p.m.	2036.101

Junipero Serra Senior Citizens Club

Meets at the Adult Recreation Center on the first Monday of each month, 12:30 to 4:30 p.m. For information, call Anita Salazar, 286-3959.

Senior Sewing Circle

Meets at the Recreation Center on the first and third Thursdays of each month, 9:00 a.m. to 2:30 p.m. Donations of material, sewing notions, and supplies are greatly appreciated and can be left at the Recreation Center. For information, please call 308-2875.



Elder Care Planning Attorney

Carlos A. Arcos

Presents a FREE Workshop Series
New Updated Topics for 2010

Convalescent Care Medi-Cal

Managing Trusts Before and After Death

Date:	Friday, January 15, 2010
Time:	10:00 a.m. - 11:00 a.m.
Date:	Thursday, February 18, 2010
Time:	7:00 p.m. - 8:00 p.m.
Location:	Joslyn Senior Center 210 N. Chapel Alhambra, CA

No reservations required.

Seating available on a first-come first-seated basis

626-284-9003 or 800-284-9003

Get Your Passport at San Gabriel Parks & Recreation

San Gabriel Parks & Recreation Offers Passport Services
Passport Registration & Renewal * All Necessary Passport Forms * Passport Photos

- It's EASY to get your passport or renewal at Parks & Recreation!
- All travelers who enter the US by air or sea travel must have a passport.
- Passports must be renewed every 10 yrs for adults & every 5 years for children under 16.
- The routine waiting time to receive your passport is 6 weeks.
- Routine expedited wait time to receive your passport is 2 weeks.
- No Appointment necessary (626) 308-2875.

Passport Hours: Mon., Wed., Thurs., Fri. 8:30 – 4:00 and Tuesdays: 8:30 – 5:30
250 South Mission Drive, San Gabriel, CA 91776

FEES

<u>Passport Book*</u>	<u>Passport Card Fees*</u>	<u>Other Fees*</u>
Adult 16+ \$75	Adult 16+ \$20	Expedite/Express Mail (Book) \$74.85
Children 15 & Under \$60	Children 15 & Under \$10	*Payable to Department of State
Processing * \$25	Passport Photo * \$10	*Payable to City of San Gabriel

Search for the Super Senior

We are looking for an older adult who has made a positive impact in our community, particularly those who have dedicated themselves to serving others and improving the lives of our residents. This Super Senior will be honored at the "Outstanding Older American Recognition" celebration hosted by the Los Angeles County Board of Supervisors.

The criteria for the Outstanding Older American is:

- **Age 65 or older**
- **Has performed outstanding volunteer service for the San Gabriel community**
- **Has not been honored at the event in previous years**

Previous winners are: Ray Meyers (1980); Mary Dean (1981); William Loggins (1982); Modesta Dominguez (1983); Ralph Fulmer (1984); Rhoda Heeb (1985); Mary Ruth Hayes (1986); Vincent Lugo (1987); Fred Morales (1988); Mike Falabrino (1989); Edward Lara (1990); Bill Bauld (1991); Daniel Dominguez (1992); Carmelita Mata (1993);

Former award winners since 1994 are: Helen Kennedy (1994); Marian Brittingham (1995); Lynn Backus (1996); Marie Lopez (1997); Sarah Duncan (1998); Geri Reece (1999); Al Baker (2000); Carl Bonenberger (2001); Ellie Andrews (2002); Don Morrision (2003); Helen Hoffmann (2004); Harold Hansen (2005); Philomena 'Phil' Tobin (2006); Jack Vrtar (2007); Mary Cammarano (2008) and Dorothy Griffo (2009).

Nominations for this award will be accepted through February 22, 2010. Please include name, age, address, telephone number and a typed or printed narrative description of the volunteer activities that would warrant this award.

Send all information to: Older American Award, 250 S. Mission Drive,
San Gabriel, CA 91776.

For additional information, please call the Parks and Recreation Office at 308-2875.



Trips



and tours

LET THE ADVENTURES BEGIN!

Travel News!

• Deluxe, charter buses are used for all trips. Every effort is made to use the most modern motor coaches and finest drivers. Bus companies used are properly licensed and insured. * *Trips within LA County use Proposition A Funds which are LA County sales tax dollars, designated for transportation.*

• Adults are given first priority to register for trips. Children ages 8 and up and accompanied by an adult, will be allowed to register for one day trips, if space is available, one week prior to the trip.

• Trips are subject to cancellation if the required minimum amount of participants does not register.

• Buses depart from and return to the San Gabriel Mission Playhouse parking lot, 320 S. Mission Drive, unless otherwise noted. All cars must be parked on the Broadway Ave. side of the lot only. We will begin boarding the bus 15 minutes prior to scheduled departure time. Please be prompt to maintain your boarding priority.

Buses for Saturday day trips will load and unload from the parking lot specified.

REGISTRATION is taken on a first registered, first seated basis at the Department Office, 250 S. Mission Dr., San Gabriel, 91776, Monday, Wednesday, Thursday and Friday 8:00 a.m. - 4:30 p.m.; Tuesday 8:00 a.m.-6:00 p.m. **Full payment for trips and tours are due on or before the date indicated on each individual trip.** Please complete the Activity Registration Form that is inside the back cover of this magazine. For mail-in registration please enclose a check, money order, VISA or MasterCard Information. **Checks should be made payable to: CITY OF SAN GABRIEL.** If a receipt is desired, please include a self-addressed, stamped envelope. For walk-in registration, exact payment amount is required.

We now accept credit cards, including VISA and MASTERCARD. We also accept debit card purchases.

REFUND POLICY : There will be a \$13.00 service charge for cancellation of one-day trips. Refunds will not be issued within 10 working days prior to one-day trips, unless there is a replacement on our waiting list. Refunds for extended tours are subject to a \$13.00 service charge for cancellation and are made **ONLY** if cancellation is received 20 days in advance of overnight trips of 5 days or less, unless otherwise noted. Extended tours of longer length are subject to more stringent cancellation policies. For tours over 5 days or cruise or air tours, the date specified as the "Balance Due Date" is the last date to cancel for a full refund, less the \$13.00 service charge. No refunds on turnarounds. **TRIP CANCELLATION INSURANCE IS HIGHLY RECOMMENDED ON ANY OVERNIGHT TOUR!**

TRIP CANCELLATION INSURANCE : Cancellation insurance is available that will protect your sizable investment on any overnight or extended trip costing \$100 or more. It is your responsibility to consider buying the insurance, or be prepared to absorb the full loss. Forms are available in our office, and must be mailed directly to Access America Insurance Company or Travel Insured International, Inc.

RESPONSIBILITY CLAUSE : San Gabriel Parks and Recreation Department acts only as an agent in putting together day and extended trip packages. We do not assume any liability for illness, injury, damages, loss, accident, or delay due to any act or default of any company or person involved in the trip, nor can we be held responsible for changes made by the tour operator or hotels.



Tours

San Manuel Indian Casino

Wednesday, December 9. Receive \$30 free play on your Club Serrano card. Your valid California ID is required for this trip and it will make you eligible to receive casino incentives. Don't miss out on the fun! Bingo session starts at 2:30. Lunch is on your own. 9:30 a.m.-6:30 p.m. \$16. (5315.101).



Huntington Beach Holiday Cruise & Five Crowns

Saturday, December 19. Enjoy an early holiday dinner (included) at the beautiful Five Crowns Restaurant in Corona Del Mar. After a scrumptious dinner, you'll head to the Huntington Harbor for the festive Cruise of Lights (included). Every year, the harbor boats and residential homes along the waterfront are decorated with holiday lights and displays. Bring a warm blanket and beverage (or someone) to cuddle up to on this 45-minute boat ride. 1:30-9:00 p.m. \$68. (4044.101).

Palm Springs Follies

Saturday, January 9. Spend the day in Palm Springs for the Fabulous Palm Springs Follies (included). You'll arrive downtown in time for lunch on own before the show. Your main floor seating in the Plaza Theatre will give you great viewing of this lovely show. Don't miss out! 9:00 a.m.-6:30 p.m. \$68. (4013.101).

State Line, Primm, Nevada

Saturday, January 23. Start the New Year off with a much deserved cha-ching at State Line! Includes gambling galore and free buffet coupon to use at any of the three casinos. 7:00 a.m.-11:00 p.m. \$32. Bring your California ID. (4104.101).

Living Desert, Palm Springs, Hadleys

Saturday, February 6. See remarkable 1,200 acres of plants, animals, places and natural phenomena associated with deserts and learn how this institution is helping to interpret and protect this fragile ecosystem (admission included). This tour includes a tram ride with your admission and guide. 8:00 a.m.-6:00 p.m. \$34. (4117.101).

USS Midway, Seaport Village San Diego

Saturday, February 13. Imagine experiencing life at sea aboard one of America's longest-serving aircraft carriers, the USS Midway, now a museum (admission included). The museum is a floating city at sea and a walk in the footsteps of 225,000 Midway sailors who served our country and upheld the American ideals of strength, freedom and peace. Trip contains many step ups and stairs, please wear comfortable shoes. After the tour you'll have time to browse the gift shop and drive to Seaport Village for lunch and shopping on own. 8:30 a.m.-7:30 p.m. \$47. (4112.101).



Sycuan Resort & Casino, El Cajon

Tuesday, February 23. This 300,000 square foot casino, just 35 miles from downtown San Diego offers 2,300 slots, gaming tables including Blackjack, Baccarat, Pai Gow, Caribbean Stud and exquisite Bingo Palace, a superb café, deli, snack bar and delicious buffet lunch on own. Bring your current California ID and you won't miss out on a thing! 8:00 a.m.-5:45 p.m. \$27. (4103.101).

Fantasy Springs, Indio

Wednesday, March 3. Get in on all the fun at Fantasy Springs, this spring! Includes \$15 free slot play credit on your player's card. Bring your friends and sign up early for this popular trip. Casino incentives with valid California ID. Lunch on own. 8:30 a.m.-6:30 p.m. \$20. (4071.101).

Maritime Museum, Channel Island Harbor

Saturday, March 20. This admission (included) features artwork that reflects maritime history from ancient times to the present along with fabulous stories. There's always something new to see at the ever changing exhibition. Afterwards you'll enjoy lunch (included) at the Whale's Tail Restaurant. After lunch you'll have time for shopping and browsing in Oxnard before returning home. 9:00 a.m.-5:30 p.m. \$46. (4142.101).

Pantages Theater – Chicago

Friday, April 30. Tonight's performance is Chicago, the Broadway smash here in L.A. for a short time. Set in Chicago in 1926, the streets of Illinois were corrupt with a sideways criminal justice system at the height of the prohibition era. Chicago, the musical, takes you on a first hand journey of criminals and crime reports through the eyes of a gutsy reporter. Your orchestra seating is included. 6:00-11:30 p.m. \$100. (4014.101).



Ramona Pageant, Hemet

Saturday, May 1. Spend the day at the Ramona Bowl for dinner on your own and a lovely show (included). The Ramona Pageant is a beautiful love story come to life in the natural arena located in Hemet. The Pageant features a cast of more than 400 volunteer actors, singers and dancers. Your lower level seating, seat cushions and souvenir program is included. 12:30-9:00 p.m. \$68. (4083.101).



Extended Tours

Las Vegas Getaway

January 27-29. Includes luncheon buffet and stop at Buffalo Bill's, accommodations at the Four Queens, side trip down the Strip to view all the mega casinos and a stop at New York, New York. Don't miss this special reduced pricing for January only. \$149.50 per person double, \$179.50 per person single. (5223.101). Travel Time

Monterey & Butterfly Weekend

February 19-21. Includes 'All Aboard Amtrak' from Glendale to Santa Barbara, two nights' accommodations in Monterey at the Cypress Tree Inn, Butterfly Migration Sanctuary & Museum (including film), 17-Mile Scenic Drive along Monterey Bay, Carmel-By-The-Sea, Fisherman's Wharf, and historic Cannery Row. \$354.50 per person double, \$399.50 per person single. (5004.101). Travel Time.

Arizona

March 15-18. Includes a visit to the City of Jerome and old Sedona, tour of Fort Verde State Historic Park, first class seating on St. Patrick's Day on the Verde Canyon Railway, access from your open air passenger viewing of ancient Indian ruins, crimson cliffs and beautiful North Verde Canyon and Sycamore Wilderness area, Chuck wagon dinner at the Blazin' M Ranch and a western show. \$530 per person single, \$715 per person double. (5211.101). Inland.

Savannah, Hilton Head, Charleston

April 19-23. Don't miss this incredibly beautiful, charming and historic tour! Includes a docent-narrated tour of Old Fort Jackson (the oldest standing fort in Georgia dating back to the War of 1812), Fort Pulaski National Monument, Hilton Head Island, narrated cruise off of HHI to Daufuskie Island, narrated Charleston Harbor Cruise to Fort Sumter, narrated city tours, fully escorted transportation to LAX, roundtrip airfare to Charleston and much more. \$1449 per person single, \$1749 per person double. (5221.101). Travel Time.

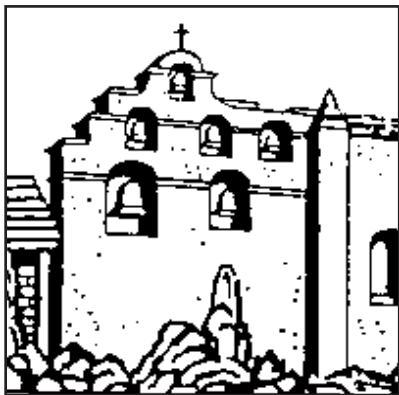
Get Your Travel Guide!

Register Today for your 2010 Travel Guide!

Get the same trip information, only earlier.

Travel Guide comes out one week before this magazine, allowing you a chance to sign up early for your favorite trips for only \$5 for a full year subscription.

Call 308-2875 to reserve your copy.



El Departamento de Parques y Recreación de San Gabriel

El Departamento de Parques y Recreación de San Gabriel ofrece servicios para los residentes de San Gabriel y comunidades vecinas.

Los tres parques de San Gabriel: Parque Vincent Lugo, Parque Smith y Parque Roosevelt, proveen áreas de “picnic” y de juegos para fiestas familiares y para el disfrute personal. El Parque Smith, localizado en el 232 del West Broadway, tiene una piscina de 25 metros de largo la cual está abierta durante cada verano. En la misma se ofrecen clases de natación; hay una cancha de baloncesto iluminada y canchas de tenis y “handball”. El Parque Vincent Lugo, situado en la intersección de las calles Wells y Ramona, tienen glorietas para “picnic”, campo de juego para Pequeñas Ligas (Little League), y la famosa Laguna de San Gabriel Nautica (Dinosaur) Playground. El Parque Roosevelt, en el 5410 de la calle Delta, tiene áreas de “picnic”, 2 canchas de tenis iluminadas, y área de juegos.

El Departamento de Parques y Recreación también ofrece variedad de programas para personas de todas las edades. De martes a jueves ofrecemos a los jóvenes “play ground programs.” Éstos serán ofrecidos en las escuelas públicas de San Gabriel, después de horario regular de clases. El equipo de natación de jóvenes: “San Gabriel Sea Gulls,” practica en la piscina del Parque Smith y compite con otros equipos de natación de comunidades

vecinas. Además, tenemos clases recreativas para jóvenes las cuales incluyen: Baile, Karate, Arte, Tenis, y Batulas. En las vacaciones de veranos ofrecemos para niños campamentos de veranos durante el día.

Para adultos tenemos clases de baile de salón, artesanía, tenis, aeróbicos, y yoga. Tenemos para los adultos agrupaciones excursiones de un día, deportivas de baloncesto y pelota.

Los “Senior Programs” (programas de envejecientes) del Adult Recreation Center en el 324 de South Mission Drive, ofrece almuerzos diarios, bailes de salón durante los miércoles, servicios de “Dial-A-Ride” y servicios de información. Para más detalles, llame al (626) 308-2822.

Anualmente, nuestros eventos especiales incluyen: Easter Egg Hunt (búsqueda de huevos de Pascuas) y Pancake Breakfast (desayunos de panquecas), el Concurso en Decoración de Huevos de Pascua, la Feria de Aniversario de la Ciudad y Carnaval, el Concurso de Disfraces de Halloween y el Concurso en Decoración de Calabazas de Halloween, la Ceremonia de iluminación de árbol de Navidad y el alquiler de Papá Noel.

Para obtener más información de nuestros programas, favor de comunicarse al (626) 308-2875 o visite nuestras oficinas de Parques y Recreación de San Gabriel en el 250 South Mission Drive.

聖蓋博市府公園及娛樂處簡介

聖蓋博市府所屬公園及娛樂處，為本市及四周緊鄰社區居民提供項目眾多的服務。

聖市共有三座公園：文生魯歌公園，史密斯公園和羅斯福公園，都具備野餐區和遊樂場，供民眾舉行家庭野宴，或日常休息娛樂活動。

座落在 232 W. Broadway 的史密斯公園，擁有一座長二十五公尺的游泳池，每年夏季開放，供民眾休閒游泳，並開班傳授泳術，本公園還擁有照明良好的夜間籃球場，網球場和手球場個一座。

座落在 Wells 和 Ramona 交口的文生魯歌公園，擁有遼遼的野餐區，一座少棒球場和廣受兒童喜愛的恐龍遊樂場。

座落在 5410 Delta 的羅斯福公園，擁有多處野餐區，兩座夜間網球場和一座遊樂場。

聖市公園及娛樂處也為各種年紀的市民提供形形色色的娛樂活動。聖市轄內各級公立學校，周二至周五課余為青少年安排各種操場課外活動。由青少年組成的聖蓋博海鷗泳隊每年在史密斯公園的泳池集訓，並且和鄰市泳隊舉行友誼賽。此外為青少年開辦舞蹈，繪畫，網球，儀隊指揮杖表演術，以及滑溜板駕駛術等娛樂課程。每逢學校假日，娛樂處都舉辦日間野營活動。

為成人舉辦的課程包括交際舞，拉丁莎莎舞，手工藝制作，高爾夫，網球，有氧舞蹈及瑜珈術。公園及娛樂處也為成人市民舉辦一日夜的短程旅遊服務，以及組織籃球隊和壘球隊。

本處設在 324 S. Mission Drive 的成人娛樂中心，每天為耆英提供廉價營養午餐，每周三舉辦社交舞會，並且為老年市民提供打電話就上門接送的巴士交通服務，以及各種推薦服務，欲查詢詳情，請致電 (626) 308-2822。

本處每年還舉辦下列年節應景特別活動：復活節彩蛋巡獵遊戲和煎餅早餐會，復活節彩蛋彩繪競賽，建市紀念日街頭博覽會，萬聖節化裝大賽及南瓜雕刻比賽，聖誕樹點燈典禮和聖誕老人出租等節目。

欲查詢任何特定活動詳情的民眾，請致電 (626) 308-2875 接洽。

San Gabriel Mission Playhouse

January

- Sunday, January 10
Olympia Youth Orchestra
 Fung Ho, Conducting
 Information & Tickets
www.olympiaphil.org

3:00 p.m.

(626) 447-5839
- Friday, January 15
Dance Recital
 Temple City High School
 Information & Tickets
www.tcusd.net/schools/templecityhs

7:00 p.m.

(626) 548-5000
- Saturday, January 16
Los Angeles Theatre Organ Society
Wurlitzer Weekend
 Information
www.missionplayhouse.org

(626) 457-4600

- Saturday, January 23
Hispanics for LA Opera
Benefit for LA Opera
 Information & Tickets
www.hispanicsforlaopera.org

7:00 p.m.

(213) 972-7338

February

- Saturday, February 6
San Gabriel Valley Music Theatre
Benefit Event
 Information & Tickets
www.sgvmusictheatre.org

8:00 p.m.

(626) 282-1440
- Saturday, February 13
Pasadena Dance Theatre
Love Songs
 Information & Tickets
www.pasadenadance.org

7:30 p.m.

(626) 683-3459



- Saturday, February 27 7:00 p.m.
 - Sunday, February 28 2:00 p.m.
- Pasadena Civic Ballet**
Information & Tickets (626) 792-0873
www.pcballet.com

March

- Friday, March 12 7:30 p.m.
 - Saturday, March 13 7:30 p.m.
 - Sunday, March 14 2:00 p.m.
- Temple City High School Performing Arts Department**
Information & Tickets (626) 548-5000
www.tcusd.net/schools/templecityhs

- Friday, March 19 6:00 p.m.
- Arcadia High School*
Invitational High School Show Choir "Pow Wow"
Information & Tickets (626) 821-1785
www.ausd.k12.ca.us/ahs

- Thursday, March 25 9:15 a.m.
 - Friday, March 26 9:15 a.m.
 - Saturday, March 27 2:00 p.m.
- Children's Theatre Experience**
This is professional theatre for young people.
Call your local school district to confirm participation.
Tickets are available to the general public for Saturday performance only.
Information (800) 514-2787
www.ctexperience.com

The San Gabriel Mission Playhouse is owned and operated by the City of San Gabriel and is pleased to be the venue of choice for the events listed above. All events are presented by independent producers and are subject to change and/or cancellation without notice.

Always check the event hotline for newly added performances at (626) 308-2868 or our event calendar online at www.missionplayhouse.org



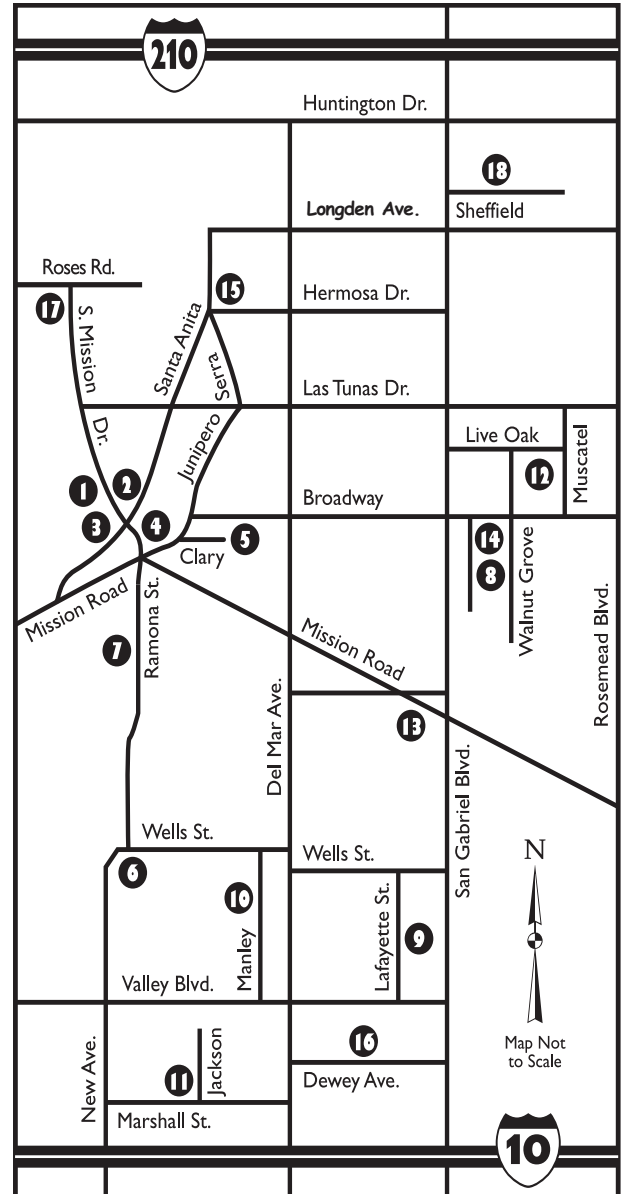


San Gabriel Community Calendar

<u>DATE</u>	<u>TIME</u>	<u>ACTIVITY</u>	<u>LOCATION</u>
JANUARY			
4th		Recreation Classes Begin	Designated Sites
4th	7:00 p.m.	Parks & Recreation Commission	Council Chambers
5th	7:30 p.m.	San Gabriel City Council	Council Chambers
8th	11:45 a.m.	Coordinating Council	San Gabriel Library
11th	7:30 p.m.	Planning Commission	Council Chambers
12th	7:00 p.m.	San Gabriel Board of Education	District Office
13th	6:00 p.m.	Chamber Networking Mixer	Fire Dept., South Station
19th	7:30 p.m.	San Gabriel City Council	Council Chambers
25th	7:00 p.m.	Design Review Commission	Council Chambers
26th	7:00 p.m.	San Gabriel Board of Education	District Office
FEBRUARY			
1st	7:00 p.m.	Parks and Recreation Commission	Council Chambers
2nd	7:30 p.m.	San Gabriel City Council	Council Chambers
5th	11:45 a.m.	Coordinating Council	San Gabriel Library
6th	10 a.m.-5:30 p.m.	Lunar New Year Festival	Valley Blvd., Alhambra
6th	11:00 a.m.	Lunar New Year Parade	Valley Blvd.
8th	7:30 p.m.	Planning Commission	Council Chambers
9th	7:00 p.m.	San Gabriel Board of Education	District Office
16th	7:30 p.m.	San Gabriel City Council	Council Chambers
17th	6:00 p.m.	Chamber Networking Mixer	Asian Pacific National Bank
22nd	7:00 p.m.	Design Review Commission	Council Chambers
23rd	7:00 p.m.	San Gabriel Board of Education	District Office
MARCH			
1st	7:30 p.m.	Parks and Recreation Commission	Council Chambers
2nd	7:30 p.m.	San Gabriel City Council	Council Chambers
5th	11:45 a.m.	Coordinating Council	San Gabriel Library
8th	7:30 p.m.	Planning Commission	Council Chambers
8th	9:00 a.m.	Spring Class Registration	Recreation Office
9th	7:00 p.m.	San Gabriel Board of Education	District Office
16th	7:30 p.m.	San Gabriel City Council	Council Chambers
17th	6:00 p.m.	Chamber Networking Mixer	TBA
22nd	7:00 p.m.	Design Review Commission	Council Chambers
22nd		Classes Begin	Designated Sites
23rd	7:00 p.m.	San Gabriel Board of Education	District Office

Parks & Recreation Locations

	Activity/Mtg. Rm.	Baseball Field	Bbq/Picnic/Reception	Kitchen / Dining	Playground	Afterschool Pgm.	Basketball Ct.	Tennis Courts	Handball Ct	Pool / Wading	Gymnasium
1 Community Rec Ctr 250 South Mission Drive	R			R							
2 Adult Recreation Ctr 324 South Mission Drive	R		R	R							
3 Grapevine Park & Picnic Area: Rear Adult Rec Ctr			R								
4 Plaza Park 428 South Mission Drive			R								
5 Smith Park 232 West Broadway			R		X		L	L	L	X	
6 Vincent Lugo Park Wells & Ramona Streets		R	R		X					X	
7 San Gabriel High School 801 Ramona Street		X			X		X	X			X
8 Roosevelt School 401 South Walnut Grove					X	X					
9 Gabrielino High School 1327 S. San Gabriel Bl											X
10 McKinley School 1425 Manley Drive		L			X	X					
11 Marshall School 1817 Jackson Street					X	X					
12 Jefferson School 1340 East Live Oak St					X	X					
13 Lincoln School 600 East Grand Avenue					X	X					
14 Roosevelt Park 5410 Delta Street			X		X			L			
15 Washington School 300 North San Marino Ave					X	X		L			
16 Dewey School 525 East Dewey Ave					X	X		L			
17 Coolidge School 421 North Mission Drive					X	X					
18 Wilson School 8317 East Sheffield Rd					X	X					



Recreation Information & Reservations

Contact the Recreation Office 308-2875

R - Some features available for reservations
X - Amenity at this Location L - Lighted - Night or day use

Here to Serve You

Parks and Recreation Commission	Assistant Director
Wendy Hopkins, Chair	Nancy Hogan
Valarie Gomez, Vice Chair	Park Supervisor
Maureen Bryant	John Gonzalez
Faye Kirchoff	Recreation Supervisor
Ramiro Virgen	Tom Boecking
	Tymeri Cuervo
Parks and Recreation Staff	Recreation Clerk
Director of Parks and Recreation	Pat Gamboa
Rebecca Perez	Connie Hoyos

Registration begins December 7, 2009
Classes begin the week of January 4, 2010

REGISTRATION INFORMATION

Enrollment is Easy!



Walk-In

Mon., Wed., Thurs., Fri.
8:00 am - 4:30 pm
Tuesday 8:00 am - 6:00 pm
Recreation Center
250 S. Mission Dr.

Please bring a check or exact change.



Mail-In

Mail completed form
& payment to:
San Gabriel Recreation Dept.
250 S. Mission Dr.
San Gabriel, CA 91776
To receive a receipt,
please enclose a self-addressed
stamped envelope.



Phone-In or Fax

Phone: (626) 308-2875
Fax: (626) 308-0604
VISA or MasterCard
Mon, Wed, Thurs, Fri: 8:00 am-4:30 pm
Tuesday: 8:00 am-6:00 pm.
Or fax completed form & payment
information 24 hours a day.



Drop-Off

250 S. Mission Dr.
Place completed form and check in
sealed envelope marked
"Registration" and drop in mail slot of
front door at Recreation Center.
To receive a receipt, please enclose a
self-addressed stamped envelope.

OnLine

Register Online at
www.sangabrielcity.com
BEST METHOD!

Registration will continue up to 2 weeks after the class has begun. All activities are subject to change or cancellation.

•Satisfaction Guaranteed Refund Policy•

Full refunds are given when classes or activities are cancelled by the Recreation department. If you are not completely satisfied with a class, please call **(before the 3rd class meeting for most classes)** and we'll arrange for you to: 1) transfer to a new class or 2) receive a refund.

A cancellation processing fee may be charged for refunds requested by the participant.

ACTIVITY REGISTRATION FORM

Please complete entire form and sign waiver of liability. Expanded Walk-In and Phone-In registration hours Monday, Wednesday, Thursday, Friday 8:00am-4:30pm.; Tuesday 8:00am-6:00pm. You may use one form to register for multiple activities.

ADULT PARENT OR GUARDIAN	LAST NAME:		FIRST NAME:	
	ADDRESS:		EMAIL:	
	CITY:		ZIP CODE:	
	CELL PHONE: ()	HOME PHONE: ()	PARENT DOB:	

WAIVER OF LIABILITY – PHOTO RELEASE

Through this registration form, I realize that no medical insurance is provided for the City of San Gabriel activities and I fully understand that my participation exposes me (or my dependent) to the risk of personal injury, death or property loss or damage. I hereby acknowledge that I am voluntarily participating or allowing my dependent to participate in this event/class and agree to assume any such risks. I hereby release, discharge and agree not to sue the City of San Gabriel or any of its officers, employees or agents for any injury, death or damage to or loss of personal property arising out of, or in connection with, my participation or the participation of my dependent in the event/class from whatever cause, including the active or passive negligence of the City of San Gabriel or any other participants in the event/class. In consideration for being permitted to participate in the event/class, I hereby agree, for myself, my heirs, administrators, executors and assigns, that I shall indemnify and hold harmless the City of San Gabriel from any and all claims, demands, actions or suits arising out of or in connection with my participation in the event/class. I am physically able (or my dependent is physically able) to participate in this activity. I consent to any medical treatment my dependent needs while involved in this activity and I agree to pay for it. I hereby consent to the use of photographs depicting me or my dependent in city printed materials and or website.

I HAVE CAREFULLY READ THIS RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT IT IS A FULL RELEASE OF ALL LIABILITY AND SIGN IT OF MY OWN FREE WILL.

Signature Required: _____ **Date:** _____
As Parent, Guardian or Participant

ACTIVITY NUMBER	PARTICIPANT'S NAME		BIRTHDAY MO/DY/YR	SEX	ACTIVITY NAME	ACTIVITY FEE
	LAST	FIRST				

Please add \$1 to my registration fees to enable youth to participate in activities through the City's Share a Dream Program. I understand that this is a voluntary donation.

METHOD OF PAYMENT

Make checks payable to: City of San Gabriel
 Visa or Master Card # _____



Expiration Date _____

Card Holder Signature _____

TOTAL DUE: \$1 _____